



ESTABLISHED 1992

Other Clubs Established  
• Dallas, Texas  
• Douala, Cameroon

# INTERNATIONAL WOMEN'S CLUB OF NEW ENGLAND

NON-PROFIT      NON-POLITICAL      NON-SECTARIAN

The aim of the club is to foster friendship and understanding among people of different nations and to support charities that assist women and children.

# NEWSLETTER

Founded in 1992 by Anna Kristina Sawtelle  
Volume 21/ Number 8 August 25, 2012  
[WWW.IWCNE.NET](http://WWW.IWCNE.NET) and [WWW.Welcomeclubs.org](http://WWW.Welcomeclubs.org)

## TWENTIETH ANNIVERSARY CELEBRATION

Reservations returned for IWCNE 20th Anniversary Celebration by September 1st please. (Paypal can be used in lieu of your personal check.) If you wish to write on the back of your RSVP card the name of those you would prefer to sit with, we will do our best to fill tables taking this into account. (If by chance you did not receive an invitation, by all means contact one of us right away and we will send you out another invitation.)

*Ellen O'Toole 207.439.3172 and Betty Williams 207.646.5772*

### RESCHEDULED IWCNE ANNUAL FLEA MARKET

Rain caused us to reschedule to Saturday, September 1 (at St. Aspinquid Masons parking lot, York) Time to clean out the attic and basement and pack up all those items no longer useful to you. You may still bring items on the morning of the sale. Please call Regina Godfrey 363.7547 or Mary Lee Pons 207.985.6273 or Cynthia Alves 207.467.3163 if you can help SELL between 8 AM & 1 PM or PACK UP from 1 to 2 PM just 2 hours of your time would be a help!

### LUNCHEON PROGRAM TODAY

Kiyoko Uramatsu is a Japanese translator and worldwide traveler. She has a BA degree in English from Rikkyo University in Tokyo, Japan, a Master's degree in Education from the College of Notre Dame in California, and various teaching certificates. Kiyoko has led a remarkable working career as a flight attendant for Pan American World Airways, an International bank teller in Honolulu, Hawaii, an educator in public schools in California and New Hampshire, a Japanese translator and interpreter, a llama farmer in Wilton, New Hampshire, a motorcycle apparel and gears sales representative and co-owner of a motorcycle safety school. She has visited the countries of Japan, Hong Kong, Thailand, Lebanon, Turkey, India, Pakistan, Austria, Germany, UK, Canada, Italy, Switzerland, Mexico and many more.

### Speaker at Our

October 27

Luncheon:

Donna Beveridge,  
Watercolor Artist,  
Painting With  
Dementia

### Board of Directors 2012

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The eighth board meeting of 2012 will be on September 10 at 9:30 AM at Sentry Hill. Next newsletter deadline will be Monday, September 10. Newsletters will be mailed the week following the Saturday luncheon to members unless they have indicated to us that they are willing to access the newsletter posted on our website:

[WWW.IWCNE.NET](http://WWW.IWCNE.NET).

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## The President's Corner

I just arrived back from a wonderful journey to South Africa. Part of a great trip is to have arrived safely home, especially after 8 flights and two days traveling going and coming and finding all your luggage. Our two travel agents handled us with kid gloves. We had a meet and greet at every airport and the same guide for three days in Capetown. On our safari, we generally had the same knowledgeable guide. They became like family. We saw elephants, zebras, monkeys, cheetahs, giraffes, water buffalo, lions, wildebeast, nyalas and warthogs. Nyalas, warthogs and monkeys were right outside our lodge.

The food was outstanding and very few places served pork, because of the huge Jewish and Moslem clientele. In Capetown we saw the Jewish Museum, synagogues and the Holocaust museum. Capetown and Johannesburg have always been a haven for Jewish people who were instrumental in diamond mining and who helped erase apartheid. The next day we did the Cape Peninsula Tour and ended at the Cape of Good Hope. The third day we saw the wineries and wine country. We went to Faisal the Tailor for custom leather jackets and an animal skin rug. I was enchanted with the beauty and peacefulness of the animals and the beauty and modern ways of Capetown. In friendship, Ellen Farber-Libowitz

Book Club  
Co-Facilitators: Julie  
Stathoplos/Anna McGann

### AUGUST BOOK CLUB

Date: Tuesday, August 28 at 7 PM

Book: *Cold Sassy Tree*

Author: Olive Ann Burns

Hostess: Michele Hovde 207.646.6407

### SEPTEMBER BOOK CLUB

Date: Tuesday, October 2 at 7 PM

Book: *The Tin Ticket*

Author: Deborah Swiss

Hostess: Maddi Franchi 207.646.7256

Please be sure to call hostess first.

## SEPTEMBER CALENDAR

August 28 Book Club  
September 1 Flea Market  
September 3 World Cinema  
September 10 Board Mtg  
September 17 Francophone  
September 22 Club Lunch  
September 27 Club's 20th  
Anniversary Celebration  
October 2 Book Club

## NEXT SPECIAL ACTIVITY

On Saturday, Oct 20 we plan an afternoon fall cruise along the Piscataqua River. We will board the Isles of Shoals Steamship Company in Portsmouth and depart at 2:10. Return to Portsmouth at 5. Cost \$27.pp, with a \$3 discount for seniors (over 59). If there is interest in a bite at a nearby restaurant close-by afterward, I will arrange for this. The Isles of Shoals Steamship Co. charges \$5.00 per car for parking, so I urge you to carpool, and save gas too! Bring a friend or spouse, and a camera for some wonderful leaf peeping. Let's make this a big success. All are welcome.

Please send a check made out to me: Darleen Chadwick 163 Central Road Rye, NH 03870

## Francophone Gourmet Circle

The Monday, September 17 Francophone luncheon will be at The Cliff House at noon. Those without email access will be called by Zoi..

## Potluck Fundraisers

Please sign up ASAP if you wish to attend a 6 PM potluck at Ellen Farber's on Thursday, August 30 or one at Betsy Wilde's Sat. Sept. 15. Both are \$10 per person plus dish.

We are looking for Oct and Nov hosts. Call Regina Godfrey or Lynne Gass. Thank you 207-363-7547 or 207-490-1391

If you sign up for a pot luck and are not able to attend it is mandatory that you call ahead as we have a waiting list & if its too short a notice you are still expected to bring your assigned pot luck as well as your donation. The pot lucks are an integral part of our fund raising.

Thank you for your help in this matter.

## World Cinema Discussion

Date: Monday, September 3

Time: 7 pm

Place: Yorkshire Commons, York  
2011 Film: *The Iron Lady*. Meryl Streep provides a subtle and nuanced portrait of Margaret Thatcher, the first female prime minister of Britain, whose political career and determination changed the rules that had limited women's opportunities for leadership. Directed by Philipa Lloyd. In English, no subtitles, 105 minutes in length. Light refreshments will be served. Call Barb Poulin at 207.337.2623 if you plan to attend. \$2 donation

## Les Chanteuses

Call Ellen Farber at 207.646.8666 for further info on September activities.

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# LUNCHEON RESERVATION FORM SATURDAY, September 22, 2012

**Old Salt Grill at Lamie's 490 Lafayette Rd Hampton, NH 603.926.8916**

(Please fill out-clip-send) Send checks for \$20 by Friday, September 14, 2012 to: Marsha Miller

59 Meadowlark DR York, ME 03909

**Social Time and Meeting at 11:00 Buffet Lunch at Noon**

**SPEAKER: Kiyoko Uramatsu**

**NAME:** \_\_\_\_\_ **PHONE** \_\_\_\_\_

**Enclosed \$ \_\_\_\_ for # \_\_\_\_ Reservations**

Garden salad with dressings on the side

Entree choices: Tavern tips, Teriyaki chicken, Fish and chips, or Linguini with marinara sauce

Hot fudge sundaes for dessert

Beverages such as coffee, tea, soft drinks are not included. Each person who orders a beverage (other than water) can pay the server for it at the end of the meal. Cost is \$2.50.

**NOTE; ALL RESERVATIONS MUST BE IN 8 DAYS BEFORE THE LUNCHEON**

## **Interview with IWCNE Member Marsha Miller**

Marsha Miller moved to York from Portland ME, where she had been involved with the Casco Bay Newcomers Club. Joining IWCNE has been a great way for her to meet people in the Seacoast area and to become involved with interesting activities.

She "jumped right in" as the club's Luncheon Coordinator, finding interesting venues, and greeting everyone with cordiality. Marsha is also active on the committee that is organizing IWCNE's 20'th Anniversary Celebration and has agreed to be Co-Chair for Fundraising Activities next year. On another note - Marsha's musicianship has also been a valuable contribution. She sometimes sings with "Les Chanteuses," played violin in earlier years, and enhances every performance. Her parents were fans of opera, loved music, were great readers and enjoyed traveling. These are interests that Marsha "inherited" and has now passed on to her son (who plays guitar), her daughter and her four-year-old granddaughter.

" My family is small and quite close - my father was an only child and my mother had only a twin brother. Three of my grandparents and one great-grandparent were born in England. My cousin in CT has traced my father's side back to a Declaration of Independence signer. His name was Abraham Clark, a gentleman farmer and regional attorney from New Jersey. We went on many memorable journeys whenever my father had vacation time and on weekends. My father made frequent business trips in the US and internationally. Because he would be away for over a year, I spent my sophomore year of high school in Tokyo at the American School. I have reunions with my former classmates every two to three years." Marsha clearly has a gift for making and maintaining friendships. Marsha's father was an engineer who designed processing plants for the petrochemical industry. Her mother was a "baby nurse" who worked as a governess until she married, then was busy at home. She was an active volunteer at the En Ka Society in Winchester MA, which provided funds and support for a home for unwed mothers, as they were called in those days. En Ka is still in existence, defined on their website as a non-profit women's organization." I guess a penchant for volunteering, as well as for nursing, runs in the family.

Marsha added, "I always wanted to be a nurse and enrolled in a school of nursing following high school. Although traveling was important to me, I remained at school in Boston when my parents and sister went to Japan for the second trip. I wanted to graduate with my friends in the U.S. The nursing profession changed quite a bit over the years and at age forty I decided to pursue a college degree. I received a B.S. and then continued my studies at Boston University, where I received a Master's in Education. I am sure that my experiences as a teenager and young adult enhanced my love of travel, sense of adventure, and independent spirit." Marsha was fortunate and resourceful enough to build a new career following her divorce. She became a successful business person, able to support herself and her family.

Marsha's greatest sense of achievement comes from having two wonderful children, who "like spending time with me and are caring and intelligent adults." Her son Rich is an orthodontist. Her daughter Paula is a department manager in retail and speaks fluent Spanish. Marsha is very proud of her four year old granddaughter Emma, who is a miniature clone of her grandmother, carrying her own e-reader for games in her backpack, always up for adventure. Picture the two of them, crawling through the caves at the Lost River in N.H. this summer...What a pair! Marsha is a great storyteller and has a wry sense of humor (perhaps emanating from her English ancestry). She is also an avid "globe-trotter", having been to over sixty countries. She bought a piece of jewelry as a memento in many places that she visited. Half of the year, she wears silver. After Labor Day, she wears gold. That's just the way it is. "One of my funniest adventures was during my first trip to Europe in the late 60s. I was traveling with my nursing school roommates (whom I still see at least twice a year). we quit our jobs, leased our apartment in Boston, bought EurRail passes, and traveled for 10 weeks on very small budgets. One day we were all at the train station in Munich, headed for somewhere in Germany, and had lots of bags amongst

(continued on page four)



International Women's Club of New England  
P.O. Box 351  
Cape Neddick, Maine 03902

## Yearly Luncheon Calendar— 2012

JANUARY 28  
FEBRUARY 25  
MARCH 24  
APRIL 28  
MAY 26  
JUNE 23  
JULY 28  
AUGUST 25  
SEPTEMBER 22  
OCTOBER 27  
NOVEMBER 24

The Board strongly encourages members to attend the monthly meetings, which are integral to IWCNE. Luncheons promote friendship, introduce new members, provide information about club activities as well as furthering our mission of understanding the diversity of cultures in our country and throughout the world. It is also your opportunity to invite friends who can learn about the club and its various programs and projects.

### (Interview Continued from Page 3)

us. We decided that one person should get onto the train to reserve a compartment and open the window, and the rest of us would pass the luggage through the window to her and then get on the train. Well, those efficient German trains leave on time, so I ended up on the train alone with 7 or 8 suitcases! I decided that the best thing would be to get off at the first stop and wait for everyone, which is what I did. It must have been quite a sight to see someone heaving bags off the train and then jumping off to sit on them while waiting for the others to arrive. Needless to say, we all hustled ourselves & our own bags onto the trains from then on." Retired a few years ago, Marsha maintains her nursing license. She spent 25 years working as a staff nurse, educator, and manager of a large operating room suite in a leading San Francisco teaching hospital known for pioneering fetal surgeries, neurosurgery and pediatric cardiac surgery. She was later recruited by Johnson & Johnson, a Fortune 50 company, to create a worldwide education department so she spent the last 10 years in the corporate world. In retirement, she keeps quite busy taking care of her granddaughter two days a week, volunteering at "Dress For Success" in Portland, attending the theatre, and keeping in touch with family and friends. She also walks several times a day with her dog and swims regularly. Is that how she maintains her "svelte" figure? Marsha is an omnivorous reader and loves her Kindle. Favorite books include "Snow Falling on Cedars", the James Clavell books, "Dr. Zhivago", and most historical fiction. She also likes classic movies like "Casablanca". Marsha admires Maya Angelou, who "moved from a young life filled with adversity into a future filled with wisdom, joy, philosophy and love. She is truly a formidable woman!" Marsha quipped, "If you think you can or you think you can't, you're right!! Each of us have gifts that we can use to help others, but we need to believe in ourselves and reach out. All ideas have value and should be encouraged."

Marsha is most grateful for her family, her faith, her friends, her health, and her ability to connect with others. In coming years, she would like to add to her "List of Places To See Before I Get Too Old" with a trip to the western Balkans and to South Africa in 2013. As for some "wisdom" about improving IWCNE - "Marsha suggests that we can all be inventive and enjoy ourselves at IWCNE events while instantaneously raising funds for charities that help women and children. Interviewed and transcribed by Deborah Levine, Publicity