



ESTABLISHED 1992

- Other Clubs Established
- Dallas, Texas
- Douala, Cameroon

INTERNATIONAL WOMEN'S CLUB OF NEW ENGLAND
NON-PROFIT NON-POLITICAL NON-SECTARIAN

The aim of the club is to foster friendship and understanding among people of different nations and to support charities that assist women and children.

NEWSLETTER

Founded in 1992 by Anna Kristina Sawtelle
 Volume 22/ Number 8 August 24, 2013
WWW.IWCNE.NET and WWW.Welcomeclubs.org

THIS WAS THE MONTH THAT WAS

I know, as you all do, that the Holiday Fair and our Annual early Summer event are the major sources of the money we give to charities in January. But what makes our organization, our friendships, so close to my heart is our members' enthusiasm and pride when they give Jaye, our Treasurer, the \$150 from a pot-luck supper or \$70 from the raffle at a Luncheon's Monthly Raffle. Multiplied by 10 or 11 those amounts add up. Working on one's own or with a committee, each effort is SO important... Look forward to seeing you at the Flea market

And, I so wish more of you would get involved in the Club. We have so much fun getting to know each other, helping in various activities: coordinating pot-lucks, hosting a book club, finding a speaker for a lunch, volunteering at the Holiday Fair. ... You can pick and choose. Try it, you will like it. I did not know a soul in Maine when I came here and it is one way I made many good and interesting friends.

Call me at 207.646.6407. A bientôt Michèle Hovde

FLEA MARKET@ST ASPINQUID'S YORK Saturday Aug 31

Please call Micky Robinson 207.363.8074/Mary Lee Pons 207.604.9526 to arrange to donate items you no longer need to this annual fundraiser. Please come by if you have time; you may find a treasure! Barb Poulin 207.337.2623

Board of Directors 2013

President	Mary Lee Pons
Vice President	Marsha Miller
Secretary	Ellen Farber-Libowitz
Treasurer	Jaye Anderton
Fundraising	Rosa Hernandez
Programs	Rosa Hernandez
Luncheons	Marsha Miller and Ellen O'Toole
Membership	Michele Hovde
Newsletter	Barb Poulin
Activities	Mariana Spina
Publicity	Micky Robinson
Historian	Susan West
WCI Liaison	Zoi Diamond zoidiamond@aol.com
Founder	Anna Kristina Sawtelle

The ninth board meeting of 2013 will be on September 9th at 9:30 AM at Ellen Farber's. Next newsletter deadline will be Monday, September 9. Newsletters will be mailed the week following the Saturday luncheon to members unless they have indicated to us that they are willing to access the newsletter posted on our website:

WWW.IWCNE.NET.

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THE PRESIDENT'S CORNER

Hello fellow IWCNE'ers: As most of you know, Welcome Clubs International, (our worldwide "umbrella" organization) has an Executive Committee Meeting once a year in different locations. This year they asked if they could come to New England and have their meeting on the Seacoast. They will be meeting in Portsmouth from Oct. 6-9 and this will be our chance to host, as well as to meet and mingle with them.

All IWCNE members are invited to a pot luck luncheon on Monday, October 7th at the Seacoast Science Center. Afterwards you may view the center's exhibits, walk on the nature trails or simply enjoy being by the ocean.

We hope you will also join us for a lobster bake at Foster's in York at 5 PM that same day. On the

The President's Corner (continued)

last day of the Conference, we are all invited to hear a speaker at Wentworth by the Sea Country Club in Rye, NH, followed by a luncheon buffet. That way, we can visit again as well as bid our visitors farewell.

Sign up sheets and e-mail blasts are being sent out to all members so be sure to register as quickly as possible as we need to get our plans completed with all of the venues. If you have further questions you can email Zoi Diamond at zoidiamond@aol.com. Zoi will also entertain questions at our monthly luncheon meeting.

I'm really excited about this opportunity and hope to see many of you participating in the events!

Mary Lee Pons, IWCNE President

IWCNE BOOK CLUB

Facilitators: Julie Stathoplos/Barb Poulin

AUG BOOK CLUB MEETING

Date: Tuesday, August 27 at 7 PM

Book: *The End of Your Life Book Club*

Author: Will Schwalbe

Hostess: Betsy Wilde 207.646.9994

JULY BOOK CLUB MEETING

Date: Tuesday, October 1 at 6 PM

A Reading/poem of one's choice

Hostess: Julie Stathoplos 207.646.3874

Be sure to call hostesses first!

SEPTEMBER CALENDAR

August 27 Book Club

August 28 Pot Luck

August 31 Flea Market

September 2 World Cinema

September 9 Board Mtg

September 18 French Lunch

September 28 Club Lunch

Francophone Gourmet Circle

The next Francophone luncheon will be on Wednesday, September 18th. If you want to attend or join the Francophone group, please contact Zoi at zoidiamond@aol.com

Next Potlucks: Chili Lunch

12:30 PM: Wed. August 28 at our President Mary Lee Pons home in Kennebunk.

At noon on Wed. Oct. 30 Charline Ludgate will be hosting a potluck lunch/fundraiser in Kittery Point.

Please email Lynne Gass at lgass@metrocast.net or call her at home 207-490-1391 or cell 207-608-7332 to reserve a place and/or for directions.

Les Chanteuses Call Ellen Farber at 207.646.8666 for more info ongoing activities.

World Cinema Discussion

Date: Monday, September 2
Time: 7 pm

Place: Yorkshire Commons
York, Maine 2012 Film:

The Company You Keep
(no subtitles)124 minutes long.

Robert Redford stars in and directs this riveting thriller loosely based on the Weather Underground radicals of the '70s...to-day. Cast includes Shia LaBeouf, Julie Christie, Nick Nolte, Terrence Howard, Brendan Gleeson and Susan Sarandon. A pulsating drama of a man who goes on an intricate, often interior journey to outrun his past. A former member of the Weather Underground who goes on the run to clear his name after he is outed by a journalist.

Light refreshments served. Call Barb Poulin at 337.2623 if you plan to attend. \$3 suggested donation.

LUNCHEON RESERVATION FORM SATURDAY, SEPTEMBER 28, 2013

Beachmere Inn 62 Beachmere Place Ogunquit, ME 207.646.2021

(Please fill out-clip-send) Send checks for \$20 by Friday, September 20, 2013 to: Marsha Miller
75 Hampton Meadows Hampton, NH 03842

Social Time and Meeting at 11:00 Lunch at Noon

SPEAKER: Paul and Joyce Giroux

SPEAKERS' TOPIC: Sailing Around the World in a 38 foot Sailboat

NAME: _____ **PHONE** _____

Enclosed \$ ____ for # ____ Reservations

NOTE; ALL RESERVATIONS MUST BE IN 8 DAYS BEFORE THE LUNCHEON

Served Salad- Mixed Greens topped with sliced Grilled Lemon chicken Breast, Petit Tomatoes,
sliced Cucumbers and Grapes served with a Sherry Shallot Vinaigrette

Warm Dinner Rolls with Butter

Key Lime Tarts with Whipped Cream and Berries

Iced Tea and Coffee Service

Paul and Joyce Giroux will share the experience of their five year voyage around the world in a 38 foot sailboat. They will recount their cultural exchanges on the various stops along the way and about raising their daughter throughout the trip, including home schooling and a few foreign schools. Paul and Joyce will also share photos and answer questions about their trip and their sailboat.

Treasurer's Report

As of August 12, 2013, the Club's Administrative Account was \$3,407.91 and the Charity Account \$8528.31 for a total of \$11,936.22.

Submitted by Jaye Anderton, Treasurer


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International Women's Club of New England
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Yearly Luncheon Calendar– 2013

JANUARY 26

FEBRUARY 23

MARCH 23

APRIL 27

MAY 25

JUNE 22

JULY 27

AUGUST 24

SEPTEMBER 28

OCTOBER 26

NOVEMBER 23

The Board strongly encourages members to attend the monthly meetings, which are integral to

IWCNE. Luncheons promote friendship, introduce new members, provide information about club activities as well as furthering our mission of understanding the diversity of cultures in our country and throughout the world. It is also your opportunity to invite friends who can learn about the club and its various programs and projects.

WCI Corner - Recipe for CARROT BREAD

from Women's Int'l Club du Languedoc-Roussillon, France

12 oz pureed carrots (350 g.) 3 medium eggs, beaten

3 1/2 oz thick crème fraiche (or sour cream) (40 cl.)

3.5 oz ground almonds (100 g.) zest of 1 lemon

salt & pepper to taste

Sprinkle of nutmeg & ground cumin seeds (fried in a little vegetable oil)

Mix all ingredients. Put in a bread tin and bake in oven at 350 degrees F. for 30 minutes.

Slice into 1.5 cm pieces and serve each on a bed of greens as an entrée. The “bread” can be served hot or cold.

Individual slices can be frozen.