



ESTABLISHED 1992

Other Clubs Established  
• Dallas, Texas  
• Douala, Cameroon

# INTERNATIONAL WOMEN'S CLUB OF NEW ENGLAND

NON-PROFIT                      NON-POLITICAL                      NON-SECTARIAN

The aim of the club is to foster friendship and understanding among people of different nations and to support charities that assist women and children.

# NEWSLETTER

Founded in 1992 by Anna Kristina Sawtelle, Volume 24/ Number 2, February 27, 2016  
[WWW.IWCNE.NET](http://WWW.IWCNE.NET) and [WWW.Welcomeclubs.org](http://WWW.Welcomeclubs.org)

## President's Message

I had the pleasure of working closely with Michele Hovde for only one year but I recognized right away that I had a powerful ally and mentor. I would not be president today if she had not encouraged me. I knew I could learn from her and, today, rather than talk about her passing, I will tell you what she taught me.

**Let people know you appreciate them.** People like to be thanked, asked for their input, told how much they are valued. **Stay true to yourself** but don't impose your views on others. It is possible to disagree politely and graciously. **Email is an efficient** way of communicating, but sometimes a phone call is needed for a personal touch. **Love and support your family and friends.** Help when you can and bolster egos when called for. **Stay active!** Keep your circles wide and your life will be enriched. **Don't clutter** your home or your life. **Edit carefully** your possessions and your actions. **Stay cheerful.** No matter what is going on in your life, it is easier for everyone if you dwell on the positive rather than the negative.

One of the last images of Michele I have in my memory is of the November luncheon when her illness was just beginning to slow her down. Michele was sitting at a large table - everyone wanted to sit with her - and from across the room I heard all the ladies laughing loudly and having a wonderful time. I heard Michele say, "I always told my husband I was much funnier in French than I am in English!" The response was even more delighted laughter!

Thank you, Michele. Merci

## Board of Directors 2016

President	Lucille Gentsch
Vice President	Ellen Farber-Libowitz
Secretary	Karen Ida Peterson
Treasurer	Barb Poulin
Fundraising	Ellen O'Toole
Programs	Deborah Forster and Jane Bagnell
Luncheons	Mary Lee Pons
Membership	
Newsletter and Publicity	Marge Dunnington
Activities	Betty Williams
Historian	Regina Godfrey
WCI Liaison	Zoi Diamond
Founder	Anna Kristina Sawtelle

The third meeting of 2016 will be on Monday March 14 at 10 AM at Sentry Hill. Note: Next newsletter deadline will be Monday, March 14. Newsletters will be mailed Monday of the week following the luncheon to all members who did not attend Saturday's luncheon unless they have requested that we not do so. Newsletters will continue to be able to be accessed on our website.

[WWW.IWCNE.NET](http://WWW.IWCNE.NET).

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## 2015 Recipients of Our Charity Awards



## January Luncheon Meeting

The January luncheon was a lovely event with a delicious meal at The York Harbor Inn. The new Executive Board of Directors was installed and the checks were awarded to the 2015 charities (See Photos). The process of selecting new charities for 2016 has already begun under the direction of Charline Ludgate. After a short report on End 68 Hours Hunger, Kittery by Paul Rines and Kris Lynes, Leslie Morissette of Grahamtastic Connection explained the evolution of her charity. She demonstrated the robot, Ari, which is used by children who are hospitalized for long periods of time. It enables them to virtually be in the classroom with their classmates no matter what distance lies between. It is a heartwarming story and a marvel of modern technology. The fact that we can financially support organizations such as Grahamtastic Connection is what makes our fundraising efforts all year long so rewarding.



Leslie Morissette and 'Ari' the Robot

**GET YOUR IRISH ON EARLY**-Saturday, March 12th at our annual St. Patrick's Day potluck at the Lookout, Israel Head Road, Ogunquit at 5 PM. It will be \$15 per person plus your food/beverage as we will once again be entertained by the York River Ramblers. We will have valet parking to help with parking and would also recommend car-pooling. If you are planning to bring a hot dish, please try to bring it in a crockpot as there is not oven (there is a microwave). All are welcome. Bring your friends and family. The room can hold a lot of people so we would love to make this a big FUNdraiser. RSVP Lynne Gass : [lgass@metrocaste.net](mailto:lgass@metrocaste.net) or 207-660-1305. SEE YOU THERE!

### IWCNE BOOK CLUB

#### March BOOK CLUB MEETINGS

**Date: Tuesday, March 1 at 6 PM**

Book: The Nightingale

Authors: Kristin Hannah

Hostess: Barb Poulin 207-337-2623 or [barbpoulin@aol.com](mailto:barbpoulin@aol.com)

**Date: March 29 at 6 PM**

Book: The Professor and the Madman  
A tale of murder, insanity & the making of the Oxford English Dictionary.

Author: Simon Manchester

Hostess: Charline Ludgate 207-439-8884 or [ccludgate@comcast.net](mailto:ccludgate@comcast.net)

**BE SURE TO CALL HOSTESS IF YOU PLAN TO ATTEND.**

### Francophone Gourmet Circle

The next Francophone luncheon will take place at noon on Monday, March 21st.

For location and more information, please contact Shona Taplin at [downpat26@comcast.net](mailto:downpat26@comcast.net). We welcome new members who are able to converse in French.

### Pot Luck Dinners

Not too soon to think about possibly hosting a pot luck fundraiser in 2016 at a date most convenient for you. Explore the possibility with Lynne.

Please contact Lynne Gass 207.490.1391, 207.607.1405, or at [lgass@metrocast.net](mailto:lgass@metrocast.net)

### Les Chanteuses

Les Chanteuses going strong. Donations received. We sing 5x a month at Kennebunk Nursing Center, Varneys Crossing, Shunting Tin Common, Durgin Pines & Sentry Hill. Please join us. Newcomers always welcome. RSVP to: Ellen Farber 207-251-1646

**Holiday Fair Meeting** - First mtg. 2/25. Fundraising was discussed at Ellen Farber's House.

### World Cinema Discussion

Thursday, March 10th at 3 PM  
York Senior Center, Rt. 1A, York, ME

2015 British film: Suffragette. 106 minutes/no subtitles - Dreaming of the right to vote, working-class Maud eagerly joins the early feminist movement. But when the peaceful protests of the suffragettes accomplish nothing, they're driven to more radical methods of effecting change.

Please call Barb at 207.337.2623 if you plan to attend.

**Charity Recipients** If you would like to be part of the committee to choose charity recipients for 2016, please contact: Charline Ludgate, 207-439-8884 or [ccludgate@comcast.net](mailto:ccludgate@comcast.net). We will meet at 10 AM on March 30th and April 13th at the York Library. You must attend both meetings to participate.

### Treasurer's Report

As of February 8, 2016  
Bal. of Administrative Acct:  
\$2,237.90  
Bal. of Charity Acct: \$1,231.35  
Total Balance: \$3,469.25

Barb Poulin, Treasurer

### MARCH CALENDAR

Mar 1 Book Club at 6  
Mar 10 Cinema at 3  
Mar 12 St. Patrick's Day Party  
Mar 21 Francophone Luncheon  
Mar 26 IWCNE Luncheon 11  
Mar 29 Book Club at 6  
Mar 30 Charity Mtg. 10  
April 13 Charity Mtg. 10

# LUNCHEON RESERVATION FORM, SATURDAY MARCH 26, 2016

Wentworth by the Sea Country Club, 60 Wentworth Rd., Rye, NH—603-433-3050

## Reservations Due No Later then Monday, March 21st.

You can email [mmdunnington@gmail.com](mailto:mmdunnington@gmail.com) or call 207-967-2187 and pay at door.

Or send your check for \$25.00 to:

Marge Dunnington

43 Bayberry Ave., Kennebunk, ME 04043.

**Social Time and Meeting at 11:00 Lunch at Noon Program: Fraud Prevention**

NAME: \_\_\_\_\_ PHONE \_\_\_\_\_

Choice of:

Wild Mushroom Ravioli w/Parmesan Cream Sauce

Sauteed Chicken w/Sage Browned Butter, Garlic & Rosemary Potatoes/Butternut Squash

Both entrées served w/salad, dessert and fresh brewed coffee or tea

### March 26, 2016 Program

#### The AARP Fraud and Scam Presentation will include:

Fraud Trends and Behavior — Understanding how much fraud is out there and the behavior that puts people at risk .

The Con Artist's Playbook—Understanding the strategy and tactics used by con artists to defraud.

Prevention--Know and practice the most effective prevention strategies to avoid becoming a victim, recognize the “red flags” and avoid them.

Resources—How to access and share up-to-date information about fraud identification and prevention and where to go if a person becomes a victim.

Speaker: Marc Boyd, Volunteer - AARP Fraud Fighter



**MAUREEN CLAYTON**  
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International Women's Club of New England  
P.O. Box 351  
Cape Neddick, Maine 03902

## Yearly Luncheon Calendar– 2016

JANUARY 23  
FEBRUARY 27  
MARCH 26  
APRIL 25  
MAY 28  
JUNE 22 (Wed)  
JULY 23  
AUGUST 24 (Wed)  
SEPTEMBER 24  
OCTOBER 22  
NOVEMBER 19

The Board strongly encourages members to attend the monthly meetings, which are integral to IWCNE. Luncheons promote friendship, introduce new members, provide information about club activities as well as furthering our mission of understanding the diversity of cultures in our country and throughout the world. It is also your opportunity to invite friends who can learn about the club and its various programs and projects.

Twelve people enjoyed the "souper" bowl pot luck at Ellen Farber's on Feb.7 Thanks, Ellen(and Howard) for always opening your lovely home.

### Celebrate International Women's Day

March 8th 10:00 AM

Atlantic Design Center (in the Eldredge Building) 627 U.S. Route 1, York, Maine

International Women's Day is celebrated on March 8 every year. The speaker at our event will be Anna Kristina Sawtelle, the founder and first president of the International Women's Club of New England. Les Chanteuses will also add a dulcet note to the program. Please come and show your support and solidarity.

For more information and/or to sign up for this event, please call Lucille Gentsch (207) 318-7304 or email [Lucillegen@gmail.com](mailto:Lucillegen@gmail.com)

### March Birthdays

01 Marguerita Claesson  
02 Shona Taplin  
08 Rose Mary Poley  
09 Anna Kristina Sawtelle  
10 Gwen Knowlton and  
Nancy Winograd  
12 Marge Dunnington  
30 Maddy Franchi

It is with the greatest of sadness that we must announce the passing of our cherished member, Michele Hovde. She died on January 27th. This is a terrible loss for our club and for us individually. She will be sorely missed by all of us who knew & loved her.