



ESTABLISHED 1992

INTERNATIONAL WOMEN'S CLUB OF NEW ENGLAND

NON-PROFIT • NON-POLITICAL • NON-SECTARIAN

An affiliated member of Welcome Clubs International, Inc.

The aim of the club is to foster friendship and understanding among people of different nations and to support charities that assist women and children.

NEWSLETTER

Founded in 1992 by Anna Kristina Sawtell

Volume 17 / Number 6 / June 28, 2008

Message from the President

I cannot imagine any better way to visit Russia than on my recent trip with Marina Forbes, who grew up in St. Petersburg and has many friends and relatives living there. Arrangements to see points of interest were smoothly arranged with personal guides and transportation. However, the thing that made it truly special was the opportunity to meet Russian people.

Our first day began with a visit to the apartment and studio of a successful young artist and her mother. The apartment had been a community apartment in Communist times, with one or more families living in each room. After walking through and viewing her work, we sat at the kitchen table eating homemade blinis and jam and cheese and tea that her mother had prepared for us. There were also several toasts with Vodka. We were told that all Russians sit around the table and that all opinions are respected.

On our last day relatives of one of our group helped us with our luggage boarding the overnight train to Moscow. They also saw us off with Vodka and caviar, another Russian tradition.

Between the beginning and end, we were treated to a dinner in a Georgian restaurant hosted by another relative and visited a school for the artistically gifted, who were very articulate about their future plans. We were also welcomed by the Art Institute and talked to a University professor after attending a Russian Orthodox service. He was interested in our religious affiliations. And I'll never forget the experience of the buses and subways and the friendliness of the people on them. Passengers on the subway are reminded at every stop that seats should be given to senior citizens.

Meeting these people and learning about their years under the Communists, followed by the chaotic years of the 90's, I realized how resilient and resourceful they are.

Next Speaker on July 26

Dr. Jeff Donatello will speak on the topic of Stress Reduction Techniques in a Crazy Crazy World. Dr. Jeff utilizes his at-ease attitude to give valuable hints and helpful tips in order to find peace of mind in this busy world of ours. He will tell us about his travels to Tanzania, Glapagos and other far away lands.

Today's Speaker



A "Renaissance Man" is defined as a man who has broad intellectual interests and is accomplished in areas of both the arts and the sciences; a modern scholar who is in a position to acquire more than superficial knowledge about many different interests. Today's speaker, Albert Sciaky is just such a man.

Albert was born in Paris, France in 1932, came to the United States in 1940. Because of the war in Europe his family remained here and Albert began his education. He graduated from High School at the age of sixteen, received a BA, MBA and JD degrees from the University of Chicago. Albert joined the military and served with the 77th Special Forces.

Albert served as CEO of his family's business, The Sciaky Group, which had approximately \$150 million in annual sales. It was sold in 1982. Following that he served as CEO of several companies including LSC, a Litton subsidiary, Equipment Division of Veeco Instruments, AOI Systems, Pluritec USA. In 1982 he helped Fiat negotiate a 20 year license in India to build the Vespa scooter. He has been an editor, a founding member of E-Coast Angels based in Portsmouth, NH, and the principal director of Sciaky & Associates, a company that participates in founding and funding of start-up companies.

Albert has been a consultant, negotiator and partner; is an accomplished pianist, has knowledge of opera and theatre, world traveler and sportsman, especially enjoying surfing and tennis.

Today Albert will give us some humorous views of the different business protocols he has encountered over the years.

Executive Board of Directors 2008

President: Charline Ludgate – USA
 (207) 439-8884 ccludgate@comcast.net
 Vice President: Ellen O'Toole – USA/Ireland/Scotland
 (207) 439-3172
 Secretary: Anne Gately - USA
 207-337-5488 artannie@maine.rr.com
 Treasurer: Priscilla Schwartz – USA
 207) 361-4097 pschwartz@maine.rr.com
 Fundraising: Lucille Gentsch – Germany
 (207) 967-5623 Lmgentsch@gwi.net
 Programs: Mary Kinnear - USA
 207-363-4877 mary@kinnear.org
 Lunch Coordinator: Regina Godfrey - Poland
 (207) 363-7547 regal207@aol.com
 Membership: Karen Hull – Norway/Sweden
 (207) 985-7433 nordic44@roadrunner.com
 Activities: Maria Twomey-Thompson – France/Italy
 (207) 282-1054 mtt2006@verizon.net
 Publicity: Ellen Sue Farber - USA
 207-646-8666 musicaellen@aol.com
 Historian: Rachel Gowen – England
 (603) 431-2568 gowenRR4719@aol.com
 Newsletter: Dorothy Healy - USA
 (207) 363-4167 Dorothy.Healy@gmail.com
 WCI Liaison: Kristine Slater – Norway/USA
 (603) 427-0322 jorun@comcast.net
 IWCNE Founder: Anna Kristina Sawtelle – Sweden
 (207) 361-1508 aksawtelle@aol.com

The date of the next board meeting to be held at the Conference Room at Sentry Hill is July 14 at 9:30am.

Deadline for the June 2008 Newsletter is Monday, July 14, 2008.

The Newsletter will be mailed the week following the Saturday luncheon. If you cannot attend and do not receive your newsletter in the mail, please leave a message for Dorothy Healy at 207-363-4167. Items submitted are subject to editing, due to space.

Val McGann Gallery
 15 Ocean Avenue
 P.O. Box 1341
 Kennebunkport, Maine 04046



**Marine Paintings and Still Life
 by Val McGann**

207-967-4949 • Toll Free 1-800-383-3167
valmcgann@aol.com • www.valmcganngallery.com

Membership Report

New Members

Jane F. de C. Currivan
 153 Atlantic Avenue, North Hampton, NH 03862
 (603) 964-2070 Jane.Currivan@NEMoves.com
 Countries of Close Association: France, Hong Kong

Susan Manfull
 12 South Street, Portsmouth, NH 03801
 (603) 430-8694 smanfull@comcast.net
 Countries of Close Association: France

Eileen Robert
 18 Ruch Lane, York, ME 03909
 (207) 363-2426
 Countries of Close Association: England

Isabel Sanz
 P.O. Box 763, York, ME 03909 (3 Orin Lane)
 (207) 363-4323 Isabels@maine.rr.com
 Countries of Close Association: Spain

Corrections to phone list

Mary Kinnear (207) 363-4877
 Linda LeBlanc (206) 361-9338
 Donna Peaker Ritzo (603) 964-5094
 Rose Safran (207) 363-4534
 Anna Kristina Sawtelle (207) 361-1508

Birthdays

Happy Birthday to Our Members:

July 11 - Jeanne Berlew
 July 15 – Julie Stathoplos
 July 17 – Priscilla Thomson
 July 21 – Kristen Ivancevic
 July 26 – Lynda LeBlanc



Susan Heckaman
 Financial Advisor - AAMS

Edward Jones

MAKING SENSE OF INVESTING



469 U.S. Route One
 P.O. Box 809
 York, ME 03909
 Ofc. 207-363-1640
 Fax 877-678-1667
www.edwardjones.com

IWCNE Activities

Please note: We are asking that members give a call to the hostess or facilitator when an event is in someone's home, by no later than the day before for **all** scheduled activities, including **Book Club and Foreign Film Discussion** evenings, so that appropriate arrangements may be made. Also in case of poor driving conditions, we are then able to telephone those expected if it seems best to cancel an event.

Foreign Film Discussion Evening

(1st Monday of the month)

Barb Poulin (Acting coordinator)

Place: The Foreign Film Discussion Group will meet at the Yorkshire Commons Community Room in York.

Date: Monday, July 7, 2008

Time: 7pm

Film: The Sweet Hereafter

Light refreshments will be served. Please call Barb Poulin for at 207-3337-2623 or email her at barbpoulin@aol.com if you plan to attend.

Director Atom Egoyan's haunting adaptation of Russell Banks' novel follows a grieving Canadian mountain community in the wake of a tragic school bus accident. Lawyer Mitchell Stephens (Ian Holm) arrives in town to persuade the survivors to initiate a class-action lawsuit, driving apart the once tight-knit hamlet. Meanwhile, a teen crippled in the crash (Sarah Polley) must choose between mourning and getting on with life. 112 minutes in length.



Book Club

(1st Tuesday after club luncheon)
Around the World with Women

Coordinators: Julie Stathoplos and Anna McGann

Place: Home of Michele Hovde 207-646-6407

Date: Tuesday, July 1, 2008

Book: *As I Am* by Patricia Neal

Please call hostess if you plan to attend.

Place: Home of Anna McGann 207-967-5810 109 Main Street, Kennebunkport (Rt.9)

Date: Tuesday, July 29, 2008

Book: *The Madonnas of Leningrad* by Debra Dean

Please call hostess if you plan to attend.

Les Chanteuses

Les Chanteuses are having a summer hiatus. Look for next meeting date in this spot next month.



Kaffee und Kuchen

Lucille Gentsch will be moving from this area and will be missed by all of us.

If there is anyone interested in hosting Kaffee und Kuchen (or a similar get together for practicing your language skills) please contact either Lucille or Charline Ludgate.



Italian Conversation

Angelina Pollino would like to breathe language life into our Italian conversation group. She suggests to simply get together over coffee once a month and speak Italian with others – native speakers, those who may have lived in Italy for a time or those who have studied Italian. If you are interested, please call Angelina at 207-332-3499 for more information.

Francophone Gourmet Circle

Date: Tuesday July 15th.

Place: Cynthia Raymond's house.

Address: 3 Victoria Ct, York. (Sentry Hill).

Tel: 207-363-3663

Note: S'il vous plait, appelez Cynthia 2 ou 3 jours AVANT . (Please call Cynthia 2 or 3 days BEFORE).

Le déjeuner du mois de Mai chez Barbro fut fantastique!! Un excellent festin dans un décor d'une élégance incroyable!!! Merci Barbro. (je voudrais vous appeler "Babette"). (The May's lunch at Barbro's was fantastic! Excellent food in such an elegant and stylish decor!!) Thank you, Barbro. (I should call you "Babette").

Profitez bien toutes de l'été..

Enjoy the summer all of you. Janine



Pot Luck Dinner

In Retrospect...

Newsletter deadline precludes a discussion of Brunch at Ellen O'Toole's on June 22nd.

We'll tell you all about it next month.

For Future...

- Michelle Hovde's home on Wednesday, July 23.
- Donna Peaker Ritzo home will be August Pot Luck. Date to be announced.

“Feel the Beat” A Huge Success



The 2008 IWCNE Fashion Show was a super moneymaker for our Charity Fund...\$4344 was raised through the luncheon and another \$1741 through the raffle for a total of \$6085. A grand and heartfelt “Thank You” to Lee Regan-Jacks and her Committee for a job well done.

Beautiful sunshine and a lovely breeze in York Beach warmed the 167 members and guests as they entered the Meeting House on Sunday June 1 for the club’s annual Fashion Show and Luncheon. Featuring a South American Fiesta theme, “Feel the Beat” celebrated Latin music and food.

Vice President, Ellen O’Toole greeted all the guests and founder, Anna Kristina Sawtelle, recounted some stories of the early days of the club. Fund raising chair, Lucille Gentsch introduced the representative from the Maine Agency on Aging’s “Money Minders” project, the charity that was chosen to receive our 2008 primary award of \$5000 or more. Fashion Show Chair, Lee Regan-Jacks reviewed the program for the day and thanked the many people who were involved in the planning of the event and expressed the club’s gratitude to all who were in attendance.



With bright flashing eyes, a lilting voice, and her very special charm, Karen Stathopolos had the audience enraptured with songs in Spanish, French and Italian, accompanied by the very accomplished, Ray De Marco on the keyboard.

Most agreed that the chic, yet wearable informal and dressy clothes plus the bright raincoats from Saco Bay Classics were great outfits for our seacoast wardrobes. With make-up by SEA, a new shop in York Beach, member models looked wonderful as they moved through the crowd. The feeling was infectious; we all smiled as we saw how much they enjoyed their role.



Chair, Lee Regan Jacks says, “I thank all of the 72 members who were part of the 167 guests attending. Thank you also to our members who donated money as well as to those who gave time to address invitations, and to serve at the event as hostesses and registrars. A special note of thanks to our models – they spent hours with Ellen O’Toole for fittings.

It was a pleasure and a privilege to work with such a dedicated and caring committee; it is only because of such women that our fundraisers happen. The “Star’ Committee for 2008 “Feel The Beat” included: Pat Dateo- Models’ Commentator; Ania Davis- Calligraphy / signs;

Regina Godfrey-Meeting House liaison ; Dorothy Healy and Muriel Poulin-Reservations & Seating; Susan Heckaman- Ads for Program Book; Charline Ludgate-Secretary;

Ellen O’Toole-Saco Bay Classics Liason/ Models Coordinator; Cynthia Raymond-Decorations; Anna Kristina Sawtelle-Speaker; Priscilla Schwartz - Public Relations/Treasurer; Judy Totman-Budget; Betty Williams-Raffle/ Entertainment.







IWCNE - July 2008 Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Book Club	2	3	4	5
6	7 International Film Discussion Evening Yorkshire Commons 7 pm	8	9	10	11	12
13	14 Board Meeting Sentry Hill, York 9:30 am Deadline for newsletter	15 Francophone Gourmet Circle The Brickstore Museum Fundraiser 7-8:30 pm	16	17	18	19 Deadline for Luncheon Signup/ Payment
20	21	22	23 Pot Luck Michelle Hovde's 6 pm	24	25	26 Luncheon
27	28	29 Book Club	30	31	Save the Dates: • August 16 th Flea Market • September 14 th Garden Party at Strawberry Banke	

Pearl Somani-Dayer 1928-2008



We were deeply shocked and saddened by the sudden passing of Pearl Somani Dayer on April 26th 2008.

Pearl had been a member of our Club for thirteen years, each of those years were marked by her unlimited energy and interest in all Club activities, serving in many capacities on the Board, including being President for five remarkable years.

Along with those appointments, she epitomized our Club's creed of sharing, goodwill and friendship in great measure, always willing to extend a caring hand to each and every member. We all carry with us memories of a remarkable human being and share gratitude for having been the recipients of her efforts friendship and devotion.

Her community also benefited from her heartfelt commitment to Senior issues, the Alzheimer Association, and Zonta, her efforts in each of these causes were extraordinary.

Add to all of these interests her successful real estate business over the past years. We all marveled at her capacity to achieve so much.

Pearl's husband Bill was also very well known to our membership. His ever-warm welcome to their home at many Club events and his unstinting support of Pearl's activities were invaluable to us and to their community and we have expressed our deepest sympathy.



Pearl and Bill's family have sent us Bill's new address in order for us to retain a connection. He will be living at his daughter's home: Bill Dayer, 374 Nikomas Way, Melbourne Beach, FL 32451

We will miss them both.
Gwyneth Wykes.

Hymn of Promise

In the bulb there is a flower,
In the seed, an apple tree,

In cocoons, a hidden promise: butterflies will soon be free!
In the cold and snow of winter there's a spring that waits to be,
Unrevealed until its season, something God alone can see.
There's a song in every silence, seeking word and melody;
There's a dawn in every darkness, bringing hope to you and me.
From the past will come the future; what it holds, a mystery,
Unrevealed until its season, something God alone can see.
In our end is our beginning; in our time, infinity;
In our doubt there is believing; in our life, eternity,
In our death, a resurrection; at the last a victory,
Unrevealed until its season, something God alone can see.

(Author unknown)
From Gwen Knowlton

Dear Pearl,

On a Beautiful spring Saturday a few weeks ago 23 of your friends from the International Women's club of New England (IWCNE) together with your loved ones and other friends gathered to bid you farewell and to celebrate your life. The flowers surrounding you at the place of honor and the picture of you and Bill were breathtaking; I felt that you were just right amongst us.

I met you for the first time March 1993 at our Clubs monthly Luncheon at the Clay Hill Farm with 98 in attendance. As the president and founder of this organization, which was just one year old, I saw in you all the values, which were needed for this club to go forward.

You rallied to my request for immediate assistance due to an unexpected vacancy on the Executive Board. In the IWCNE April 1993 Newsletter you wrote "As a first Luncheon attendee and soon-to be Luncheon coordinator, I felt very welcome and overwhelmed all at the same time. I will endeavor to maintain the quality and compatibility of the monthly luncheons."

I didn't hesitate to ask you to succeed me as President when at the end of the year 1993 with 183 members my time was up. You hesitated but I never regret my request and neither did the Club when they again voted you in as President 1998-1999 and then 2003-2004, this time you followed me again with 152 paid members for 2002.

Your integrity was special, there was the time you had signed up for a fundraising event in my house for three people, snow fell and you couldn't make it but you afterwards still honored your paying commitment.

You frequently revealed to me how you tried, and many times it was not easy, to follow the principal idea of what this club stands for via the Mission statement and the Bylaws.

Goodbye dear friend and thank you for promoting friendship and understanding among people from different nations and being very instrumental in assisting women and children in our society and for being that special friend

Yours
Anna Kristina Sawtelle



Fundraising Report

Announcing: This Year's Charity Selections

The Fundraising Committee is proud to announce the recipients of this year's awards! Five finalists had been selected from the 12 applications received and representatives from these charities were interviewed on May 27th. The committee members spent three hours interviewing and deliberating. The final decision was made to select the **Southern Maine Agency on Aging Money Minders Program** for our \$5,000 award in January. The SMAA of Scarborough is an independent non-profit organization which provides many services for the elderly, including Meals on Wheels. The Money Minders are a group of around 80 volunteers who assist elderly people (mostly women) who need help sorting through the confusion of their financial obligations. With our grant, the coordinator will be able to expand the program to offer counseling to help individuals avoid crisis.

Two other charities were selected to receive our minor awards. One is the **York County Shelter Programs in Alfred, ME**. This organization not only provides shelter for the homeless 24 hours a day, but also gives them the opportunity to have gainful employment and a chance to make a contribution to the community. York County Shelters also distributes more than a million dollars worth of food throughout the county yearly. The other secondary recipient is **New Heights of Portsmouth for their "The Whole Thing" program**. This program is directed toward middle school girls and provides them with a sounding board, "girl talk", directly in the school as well as a weekly program at the center teaching the holistic healthy mind and body concepts. They also have special programs and role model guest speakers.

The members of the committee feel that these charities represent a broad range of community services and they are confident that our money will be put to meaningful use. As Chair of the Fundraising committee, I would like to thank the twelve women involved in the charity selection. It is quite a task, but a rewarding one. I would encourage any member of IWCNE to participate in this process because, besides the fact that it is fascinating to learn about these worthy charities, it is, after all, the purpose of our existence.

Lucille Gentsch, Fundraising Chair

A New Idea: Cash for Our Cause Cash for You

The IWCNE Fundraising Committee announces a 50-50 raffle! A specific number of tickets - 200 - will be sold at \$10 each over a period of several months. By the August 23rd luncheon, when the drawing takes place, we will have taken in \$2000. The winner of the drawing will receive \$1000 and \$1000 will go into our charity fund. Members can buy tickets and sell tickets to non-members. If you would like to buy some tickets or receive tickets to sell, please call Nancy Winograd at (207) 363-2612. Let's all give as many people as possible a chance at winning this great prize!

50-50 Raffle tickets \$10 - Drawing August 23 at luncheon

Sustainable Harvest Int'l at May 24th Luncheon.



Mary Kinnear, Program Chair, introduced former IWCNE member Florence Reed, President of Sustainable Harvest International who showed slides and talked about her organization. Mary knew Florence when she was a student at the University of New Hampshire and Gus Kinnear, Mary's husband, was Acting President.

Helping people help themselves and saving a rain forest (if not the world)

is a lofty goal, but Florence thought she could do just that after two years in the Peace Corps in Panama. The slash and burn method used by farmers there: cutting trees and burning the area, using the ash as fertilizer, planting and harvesting was irreparably damaging the land. The farmer would move to the next spot after depleting the land and destroying the rain forest where half of the plants and animals in the world live. It was wasteful, did not sustain the people nor lift them from poverty. Often, the farmer's options were few. Some moved to a city looking for work while others entered the U.S. illegally to find work.

Florence, had the ability to take action and with a passion and a plan, formed Sustainable Harvest International (SHI) and dug in. In eleven years she has built this not-for-profit company from just herself and one agent to forty agents in Central America and several in the U.S. who help her raise funds to support the projects.

The concept: "teach the farmer how to improve his crop while maintaining the land for future use,"

is so basic. Multiple crops are planted between the trees selectively utilizing their shade to protect other plants. The farmer is able to rotate his crops to sustain himself and his family with efficient, earth friendly, use of the land. Florence and her staff have assisted the farmers in cultivating rice paddies, instituted seed and grain storage, encouraged vegetable gardens and have integrated pest management. Recently fish were introduced to provide a much needed source of protein.

SHI has converted 7,000 acres of degraded land into sustainable use, saved 35,000 acres of tropical forest and planted two million trees. There are now 1200 families in 100 communities participating in the program where it takes three to five years for a farmer to become self sustaining.

Charity Navigator rates charities based on their efficiency and effectiveness and has named SHI a four star charity (their top rating) for two years in a row. \$3,000 will sponsor an entire village; only eight percent of the SHI funds raised go toward administrative costs.

For more information about Florence and her work "google" Florence Reed or visit her website, www.sustainableharvest.org.

Anne Gately



IWCNE Luncheon Registration Form

International Women's Club of New England
July 26, 2008

NAME (S): _____

Rudi's
20 High Street • Portsmouth, NH 03801
603-430-RUDI (7834)

Deadline: July 19, 2008

RSVP: Please send your check for **\$25.00** per person to Regina Godfrey, 22 Bluestone Lane, York, ME 03909
or call 207-363-7547 Pre-registration only. No refunds. Send someone else in your place.

Luncheon Menu

Homemade Clam Chowder

Caesar Salad: Asiago & Parmesan Cheeses, Romaine lettuce, Homemade Dressing, Croutons, choice of topping:

Grilled Shrimp Grilled Chicken Grilled Salmon

Dessert: Assorted Homemade Desserts
Coffee or Iced Tea



International Women's Club of New England **Program for July 26th, 2008**

11:00 a.m. Registration (Coffee available)

11:30 a.m. Business Meeting

12:00 noon Luncheon

1:00 p.m. Speaker: Dr. Jeff Donatello

Directions to Rudi's: From Route 95 take exit 7 (Right if you're coming from the North; Left if from the South) onto Market Street and continue straight into downtown Market Square. Enter Square (one way) and take RIGHT onto HIGH STREET. Parking on Left or straight ahead.

International Women's Club of New England
P.O. Box 351
Cape Neddick, Maine 03902



A Behind-The-Scenes Peek at the Brick Store Museum



Tuesday, July 15, 2008 from 7 to 8:30PM

Brick Store Museum,

117 Main Street, Kennebunk, Maine

You and your friends are invited to the historic Brick Store Museum where the museum's executive director will give you an overview of the Museum's 72-year history and 200-year roots.

Enjoy a wine and cheese reception while viewing the popular exhibitions as well as taking a rare look behind the scenes in the Museum's treasure vaults. It will be a wonderful opportunity to socialize, learn more about the museum's treasures and support our charities.

Cost is \$20 per person with proceeds to benefit IWCNE charity fund. To register, call Karen Hull at 207-985-7433 by July 9, 2008.