



ESTABLISHED 1992

Other Clubs Established

- Dallas, Texas
- Douala, Cameroon

INTERNATIONAL WOMEN'S CLUB OF NEW ENGLAND
NON-PROFIT NON-POLITICAL NON-SECTARIAN

The aim of the club is to foster friendship and understanding among people of different nations and to support charities that assist women and children.

NEWSLETTER

Volume 17 / Number 5 / May 24, 2008

An affiliated member of Welcome Clubs International, Inc.

Founded in 1992 by Anna Kristina Sawtelle

Message from the President

As you read this, I will be in Russia with Marina Forbes and three fellow travelers. Going with Marina is an opportunity not to pass up, since she grew up in St. Petersburg, and most of her family still lives there. This will give us a chance to visit schools and artist studios with her friends.

The history of Russia is a fascinating and turbulent one from Vikings to Muslim Mongols to the rule of the Romanovs from 1613 to the Communist rule to glasnost and to the present time under Putin. We will spend most of our visit in St. Petersburg, which is described by all who visit as one of the most beautiful cities in the world. The creation of these world renowned museums, churches, and palaces are the result of the vision of Peter the Great and Catherine the Great. I'm sure I will have much to share after walking through the Hermitage and St. Isaac's Cathedral and attending concerts and a ballet performance.

Unfortunately, because of flight changes made by British Airways, I will not return in time to attend "South American Fiesta", which I hate to miss. Lee Regan-Jacks has done a wonderful job as chairman of this annual event, and it promises to be a memorable afternoon. I hope all of you plan to attend and to bring your friends

Next Speaker on June 28

Albert Sciaky will give us a first hand account of the differences in business protocols outside the United States.

Today's Speaker



Florence Reed **Sustainable Harvest**

Florence Reed believes that when people work together, things change for the better. This belief led her to serve as a Peace Corps volunteer in Panama in the early nineties. In 1997, Reed founded Sustainable Harvest International (SHI), a nonprofit organization dedicated to working with rural Central American communities to implement sustainable land-use practices. As president of the organization, Reed divides her time between overseeing programs in Central America and gathering resources in the United States, bringing together farmers and donors to create a better future.

Over the past ten years, SHI has helped more than 1,200 families in Honduras, Panamá, Belize and Nicaragua switch to sustainable land-use practices. SHI participants have planted over 2,300,000 trees that restore degraded rainforest and because sustainable practices allow farmers to work one piece of land indefinitely, they do not need to destroy any more forest in order to grow food. Organic vegetable gardens improve family nutrition and agro-forestry crops; such as organic coffee and chocolate increase family income. With incomes as much as 12 times higher than before SHI, participants are motivated to continue using sustainable practices.

IWCNE Memorial Fund

IWCNE Memorial Fund accepts donations in memory of members who have passed away and the gifts go into our Charity Fund.

Thank you to all who have made gifts to the memorial fund in memory of both Bess Makris and Pearl Somaini-Dayer.

Executive Board of Directors 2008

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Vice President: Ellen O'Toole – USA/Ireland/Scotland
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(207) 363-4167 Dorothy.Healy@gmail.com

WCI Liaison: Kristine Slater – Norway/USA
(603) 427-0322 jorun@comcast.net

IWCNE Founder: Anna Kristina Sawtelle – Sweden
(207) 361-1508 aksawtelle@aol.com

The date of the next board meeting to be held at the Conference Room at Sentry Hill is June 9 at 9:30am.

Deadline for the June 2008 Newsletter is Monday, June 9, 2008.

The Newsletter will be mailed the week following the Saturday luncheon. If you cannot attend and do not receive your newsletter in the mail, please leave a message for Dorothy Healy at 207-363-4167. Items submitted are subject to editing, due to space.

Today's Speaker (cont.)

Ms. Reed's lecture and slide show begins with a look at the global and local impacts of slash-and-burn agriculture. It then focuses on Sustainable Harvest International's unique and successful model for reversing this harmful trend and concludes with She concludes by telling us how we can be involved.

Luncheons

Regina Godfrey has done a terrific job of finding great restaurants for our monthly luncheons. However, with food and gas prices going up, it is growing very difficult to find places that can offer our meals at \$20. Some say they cannot even do it for \$25. Through hard work and perseverance she has been able to get most meals throughout 2008 for our present cost, with the exceptions of Pier 77 in May and Rudy's in July, who are charging \$25. In 2009 you may expect to pay \$25 for a majority of the luncheons. The alternative might be to ask for lighter lunches for less money, but for most places the problem is that we cannot guarantee 40 people to make up for lost business from other customers. If you have suggestions, please give them to a board member, so that we can look at various alternatives.

Charlene Ludgate

McGann Sets New American Record...What's Next?

(Val...not Anna)

I just want to let you know that I am still throwing my weight around. I recently competed in the American Masters Track and Field Indoor Championships in Boston. I managed to win the Weight and the Super Weight in the 80 -85 Division. My throw in the Super Weight was a new American record, beating the old one which had stood for 10 years by two feet. It's also the best throw in the world so far this year. Later on in the summer, I hope to set three American Outdoor Records – The Hammer, The Weight, and the Super Weight.

Val McGann

We Want to Know

Please call us if you know of one of our members who is going through a difficult time - illness, loss of a loved one, or any crisis, so we can offer our support.

Carrie Groppe (207-363-1406)
Charline Ludgate (207-439-8884)
Muriel Poulin (207-490-1808)
Betty Williams (207-646-5772)

— VISIT OUR WEBSITE - WWW.IWCNE.NET —

IWCNE Activities

Please note: We are asking that members give a call to the hostess or facilitator when an event is in someone's home, by no later than the day before for **all** scheduled activities, including **Book Club and Foreign Film Discussion** evenings, so that appropriate arrangements may be made. Also in case of poor driving conditions, we are then able to telephone those expected if it seems best to cancel an event.

Foreign Film Discussion Evening



(1st Monday of the month)

Barb Poulin (Acting coordinator for May)

Place: The Foreign Film Discussion Group will meet at the Yorkshire Commons Community Room in York.

Date: Monday, June 2, 2008

Time: 7pm

Note: Later start for the summer months

Film: *The Diving Bell and the Butterfly*

Light refreshments will be served. Please call Barb Poulin for at 207-363-8731, email: barbpoulin@aol.com for film choices and/or if you plan to attend.

In 1965, author and Elle magazine editor Jean Dominique Bauby suffered a stroke that put him in a coma; he awakened mute and completely paralyzed. Mathieu Amalric stars in this adaptation of Bauby's autobiography, which he dictated by blinking. Julian Schnabel was nominated for the 2000 Best Director Oscar and won the Golden Globe in the same category for his poignant film about the strength of the human spirit.

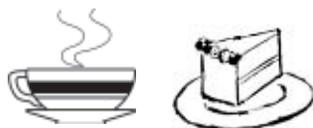
Les Chanteurs



(formerly known as the Seacoast Singers...)

The chorus will meet Thursday, June 5th 5:30 p.m. at the home of Ellen Farber at 20 Tern Street, Ogunquit. Please RSVP to Ellen Farber at 207-646-8666. All are welcome and a great voice is not a prerequisite. Having a good time is. We always go out to dinner as well following our song fest. Ellen Farber

Kaffee und Kuchen



Lucille Gentsch will be moving from this area and will be missed by all of us.

If there is anyone interested in hosting Kaffee und Kuchen (or a similar get together for practicing your language skills) please contact either Lucille or Charline Ludgate.



Book Club

(1st Tuesday after club luncheon)
Around the World with Women

Coordinators: Julie Stathoplos and Anna McGann

Place: Home of Polly Coletti 207-646-7363

Date: Tuesday, May 27, 2008

Time: 7:00pm

Book: *A Thousand Splendid Suns* by Khaled Hosseini

Please call hostess if you plan to attend.

Place: To be announced

Date: Tuesday, July 1, 2008

Place: *As I Am* by Patricia Neal

Francophone Gourmet Circle

Date: June 17th

Place: Home of Susan Manfull,

12 South Street, Portsmouth NH

Telephone: 1-603-430-8694



Please call Susan at least 3 days before June 17th to tell her you're coming and what you should bring for the lunch. (Call me if you need directions.)

A bientot, Janine

Birthdays

Happy Birthday to Our Members:

- June 12 Pat Crothers
- Georgiana Gallagher
- June 14 Jean Milke
- June 17 Karen Hull
- June 24 Esilda Corbin
- June 25 Marie Kelleher



WCI Corner

The April edition of the *Worldwide Link* is now posted on the WCI website, www.welcomeclubs.org It is a beautiful publication loaded with interesting and fun articles.

You'll enjoy reading about WCI's new member, Overseas Women's Club of Bangalore (OWC). They do fundraising and also teach poor young women skills so they can help support their families.

Other articles are news from other clubs including IWCNE.

There are also book recommendations, Fashion Around the World, Health and Nutrition, and more.

Enjoy!

In Friendship,
Kristine Slater WCI Liaison

Fundraising Report

The Fundraising Committee has reviewed 12 applicants for our annual grant. This is always a fascinating job because there are so many worthy groups of people, devoting vast amount of time and energy to helping others. The final decision of which charity will be chosen to receive our \$5,000 award for 2008 will be announced at the Fashion Show!

In the meantime, thank you for your loyal help in raising the money we give away by attending our fundraising events. We have more in store for you – see the article about a wonderful summer evening at the Brick Store Museum in Kennebunk. And don't forget our 50-50 cash raffle! If you think you can sell some tickets to friends and colleagues (not to mention family) please call Lucille at (207) 967-5623 or 318-7304.

A New Idea: Cash for Our Cause Cash for You

The IWCNE Fundraising Committee announces a 50 - 50 raffle! A specific number of tickets - 200 - will be sold at \$10 each over a period of several months. By the August 23rd luncheon, when the drawing takes place, we will have taken in \$2000. The winner of the drawing will receive \$1000 and \$1000 will go into our charity fund. Members can buy tickets and sell tickets to non-members. If you would like to buy some tickets or receive tickets to sell, please call Lucille Gentsch at (207) 967-5623. Let's all give as many people as possible a chance at winning this great prize!

**50-50 Raffle tickets \$10 -
Drawing August 23 at luncheon**

International Women's Club of New England Pot Luck Dinners

In Retrospect...



On Friday evening, May 16th, Priscilla Schwartz hosted her annual wine tasting event. This year the theme was South American wines and 20+ of us sampled six red and white wines from Argentina, Chile and Uruguay. Priscilla spoke of the geography and history of the Andes region and how the wine industry has grown and prospered to become an important quality producer of fine wines. The Pot Luck Dinner included an amazing variety of regional specialties — a sampling: Hot Crab and Goat Cheese Empanadas and Mango Chutney; Cuban Lack Beans and Ham with Rice; Corn Salad from Ecuador; homemade Mango Sorbet and a traditional Flan. Thank you, Priscilla and all who contributed such scrumptious food.

For Future...

- June 22nd Brunch at Ellen O'Toole's at Noon
- July information to come.

Flea Market on August 16th At St. Aspinquid Lodge in York

Save this date and your Flea Market items!

People collecting Flea Market items are:

- Anne Gately from Moody area
207-337-5488
- Micky Robinson from York area
207-363-8074
- Ellen O'Toole from Kittery area
207-439-3172
- Rachel Gowen from Portsmouth area
603-431-2568

You can call these helpers to pick up or drop off your Flea Market items at their homes.

Holiday Fair

The Bake Table is expanding to include jams, pickles and any type of preserves or canning treats. If you are going to be making any of these items this summer, please put a few aside for the Holiday Fair Bake Table. Contact Regina Godfrey if you plan on donating these items.

Behind the Scene: Fashion Show 2008 "Feel the Beat"



*Clockwise from left: Gwyneth Wykes,
Polly Coletti, Janine Kolb and Polly Baston.*

Four club members met on a recent Sunday morning for some publicity photos at Ellen O'Toole's home. We talked about the experience of being a model for the 2008 Fashion Show. While everyone agreed that it is fun to wear lovely clothes and walk down the runway, each also saw it as one of those very special experiences that being part of IWCNE offers.

Tiny Polly Baston says, "Although I have participated as a model several times, it always brings a big smile to my face when I am asked."

Janine Kolb, who was born in France, talked about the experience of being a model. "Modeling for me has always been appealing, but I always thought that models have to be tall and skinny, not old, not short and not tiny. But in IWCNE there are no rules for who can be a model. Thank you Ellen for inviting me to participate, I am so cheerful!"

For Polly Coletti, a long time club member, "being able to participate in the fashion show is but one more way in which I enjoy the friendship and sociability of the interesting and talented women who are fellow members. This club is a very friendly and productive group. I am happy to count IWCNE as a one of the most valuable parts of my life."

Gwyneth Wykes, a member from England, is the most experienced on the runway and serves as mentor for the group. "I am a professional model, but a fund-raising fashion show with an international theme, is a special event."

Other club members who will be wearing the lovely clothes from Saco Bay on June 1, include: Barbro Bolh, Courtney and Darlene Chadwick, Ellen Farber, Rachel Gowen, Mary Kinnear and Kristine Slater with special guest, Sarah Lucy

A Behind-The-Scenes Peek at the Brick Store Museum



Tuesday, July 15, 2008 from 7 to 8:30PM
Brick Store Museum,
117 Main Street, Kennebunk, Maine

You and your friends are invited to the historic Brick Store Museum, the iconic gateway to the Kennebunks in the heart of a National Register Historic District. The museum's executive director will warmly welcome you and give you a brief introduction to the museum's illustrious 72-year history and 200-year roots.

Enjoy a wine and cheese reception while viewing the museum's popular exhibitions, including "Treasures of the Community," "Living Little" and "Mailed from Maine."

Making this evening extra-special is an exclusive and rare look behind the scenes inside the Museum's treasure vaults. Highlights of the collections include early American fine and decorative arts and portraiture.

Cost is \$20 per person with proceeds to benefit IWCNE charity fund. To register, call Karen Hull at 207-985-7433 by July 9, 2008.

Susan Heckaman
Financial Advisor - AAMS

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Seacoast Science Center Luncheon on April 26th



Hidden on the waterfront in Rye New Hampshire, the Seacoast Science Center is a place devoted to the preservation and understanding of the natural world. On Saturday, April 26, IWCNE members were invited to visit the center, have lunch and listen to a lecture and slide presentation by the Center's President, Wendy Lull. Although I did not realize such an extraordinary place existed so close to my home, apparently many people did because the Center is flourishing. Zoi Diamond introduced Wendy...Jacque Cousteau with a bubbly personality. With accomplishments and awards too numerous to list, Wendy is a former biologist with an intense interest in the natural world and vast knowledge gained not just from books and media, but from up close encounters with nature. She talked about the Center's many programs; the classes, tours, trips and explorations both near and far for children and adults. She then recounted her adventures on a trip to the Galapagos Island Archipelago which was the highlight of the day.

Wendy briefed us on the history of The Galapagos Islands formed by volcanic eruptions millions of years ago and still forming. The cluster of islands is home to many species of animals found nowhere else on earth. Over the centuries the Islands have had many visitors including Charles Darwin, Spanish explorers and pirates. A penal colony lasting only 3 years was attempted in the 1800's. Today, the Islands are a part of Ecuador's Park System.

But, the most interesting aspect of the Islands is its non-human residents including flamingos, sea lions, lizards and giant turtles. The Island chain is named after the shells of saddle backed Galapagos tortoises that live there. These turtles vary slightly according to the Island they inhabit and attempts to move them around have made some species of Galapagos turtles extinct. Don't fool with Mother Nature. A strange case is one turtle, the only survivor of his species, who sadly is too old to procreate. Amazingly, the animals have no fear of

humans because they have been isolated for so long.

Wendy brought the animals to life with her slides, videos and animated talk. One particular tidbit was her description of Post Office Island where there are rickety structures meant for people to "mail" letters. Of course there are no real mailmen so anyone leaving the Islands will pick up letters addressed to someone near where he is traveling and deliver the letter personally. Talk about snail mail!

Our lunch was delicious. Beef filet, chicken, salmon, salad, vegetables, pasta and desert were presented in a plentiful buffet. It was a lunch and presentation to remember. And \$82.00 was earned in a raffle which will add to our charity coffers.

Anne Gately

Rose Safran Authors Book About Local Artist

IWCNE member and well known writer, Rose Safran has authored a new book about the works of local artist "Gloria Gustafson: Maine Artist, Sunrise to Sunset." The book was recently published and is now available for sale at the Village Gallery in York.

From the shades of sky and sea in the moments just before sunset over Long Sands Beach to the purple, pink and white hues of lupines in bloom; from abstract scenes inspired by moments of quietude to lighthouses, harbors and marshes, this book is filled with the beauty of the interior and exterior world, as filtered through the artist's eye and experience.

The book is a journey through places as familiar to locals as the York Harbor waterfront and Portsmouth NH, with scenes from locations across Maine as well as abstract-influenced paintings inspired by "quiet times and quiet places as well as inner passion."

The book also features some of Gustafson's commissioned works, including stunning oil-on-canvas paintings capturing the natural beauty and brilliant colors of irises, lilies and country gardens.

Matched perfectly with each image from Gustafson's immense assemblage of works are Safran's evocative descriptions. She captures the communities where landscapes were painted, conveys biographical information on the artist's connection to the places, plants or buildings featured in her artwork of includes excerpts from works of famous poets and philosophers that seem to have been written especially for Gustafson's artwork.

A book signing event was held at the Village Gallery on April 26th.

IWCNE Luncheon Registration Form

International Women's Club of New England
June 28, 2008

NAME (S): _____

Deadline: June 21st, 2008

RSVP: Please send your check for \$20.00 per person to Regina Godfrey,
22 Bluestone Lane, York, ME 03909 or call 207-363-7547
Pre-registration only. No refunds. Send someone else in your place.

Luncheon Menu

Small house salad

Entree : Select one of three

Grilled Salmon

Chicken Franchise

served with rice and a seasonal vegetable

Pasta with roasted vegetables and lemon butter sauce.

Desert: Chef's choice

Coffee or Tea



International Women's Club of New England Program for June 28th, 2008

11:00 a.m. Registration (Coffee available)

11:30 a.m. Business Meeting

12:00 noon Luncheon

1:00 p.m. Speaker:

**Albert Sciaky: Born in Paris, educated in the United States,
Mr. Sciaky is a creative strategist with 30+ years of global business experience.**

Directions to Cape Neddick Inn info@capeneddickinnrestaurant.com 207-351-1543

From Route 95 (North or South) take Exit 7 (Yorks/Ogunquit) Travel toward U.S. Route 1 and turn left (North). Travel approx. 3.1 miles and you will find the restaurant on the right, at the intersection of Route 1 and 1A in York, Maine.

International Women's Club of New England
P.O. Box 351
Cape Neddick, Maine 03902



ESTABLISHED 1992

Endeavor Lights the Sky on March 11th



Dear Friends,

When we were in Florida this past March we experienced an extraordinary occasion which I'd like to share with you.

On a dark overcast night my granddaughter woke me up about 2:30 AM. "Come", she said, "it's time."

It was March 11th and Endeavour was going to take off. We jumped in the car in our nities and p.j.s and drove from her house across a huge bridge to an island and a site she had thought would give us a great view – when behold everyone else thought so too. We would have to get out and go out on the beach – but remembered we were not dressed for the occasion, should we say!!

So, she turned around, drove back over the bridge toward the mainland and stopped at the crest of the bridge. No one was in sight and we could see the glow from Cape Canaveral across the water. Then, right on cue, the Endeavour turned to flame. There was a vibration – and she was off, almost like a streak of lightening before she disappeared into the cloud cover which turned a bright white – plus the reflection in the water. It was breath taking to see this brilliant bolt of lightning streak from the earth to the sky in seconds. Then we hurried home to beat the returning traffic and go back to bed!

Endeavour reached the Space Station and our brave astronauts worked out in space to make repairs and returned to Earth on schedule 16 days later.

What a wondrous world we live in – astrophysics, technology and man have made miracles.

Cynthia Raymond



IWCNE - June 2008 Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 "Fiesta — Feel the Beat" Annual Fashion Show 11 a.m to 3 p.m.	2 International Film Discussion Evening Yorkshire Commons 7 pm	3	4	5 Les Chanteurs Ellen Farber's 5:30 pm	6	7
8	9 Board Meeting Sentry Hill, York 9:30 am Deadline for newsletter	10	11	12	13	14
15	16	17 Francophone Gourmet Circle Noon	18	19	20	21 Deadline for Luncheon Signup/ Payment
22 Pot Luck Brunch Ellen O'Toole's Noon	23	24	25	26	27	28 Luncheon Cape Neddick Inn York
29	30	Save the Dates: • July 1 st Book Club • July 15 th The Brick Store Museum Fundraiser • August 16 th Flea Market • September 14 th Garden Party at Strawberry Banke				