



ESTABLISHED 1992

Other Clubs Established
• Dallas, Texas
• Douala, Cameroon

INTERNATIONAL WOMEN'S CLUB OF NEW ENGLAND

NON-PROFIT NON-POLITICAL NON-SECTARIAN

The aim of the club is to foster friendship and understanding among people of different nations and to support charities that assist women and children.

NEWSLETTER

Founded in 1992 by Anna Kristina Sawtelle
Volume 19 / Number 10 / October 23, 2010
WWW.IWCNE.NET and WWW.Welcomeclubs.org

Upcoming Events

Monthly Luncheon

November 27, 2010
Bull and Claw, Wells

Les Chanteuse : IWCNE'S Own Choral Singing Group!

Choral Director, Ellen Farber and her singers: Pat Dateo, Lynne Gass, Mary Elayne Lavoie, Ellen O'Toole, Mary Lee Pons, and Sylvia Rubin, with Susan West (piano) and Deborah Levine (Flute) will be performing Mamma Mia, Dancing Queen, I Dreamed a Dream, That's Amore, Hi Lili Hi Lo, Que Sera Sera , Over the Waves and Over the Rainbow.

The November luncheon meeting will include the final report from the Nominating committee and voting on the slate of officers for the 2011 year.

Holiday Fair

November 6, 2010
9AM to 2 PM
YORK MIDDLE SCHOOL

Plan to do your holiday shopping from your favorite vendors of previous years and some wonderful new artisans. We are getting close to our goal for the Charity Fund and your help and participation in the Holiday Fair can put us over the top!!

See the enclosed flyer to learn how you can help

Holiday Party-Save the date

December 5, 2010– 4 to 6 PM at
Shephard's Cove, Kittery

A potluck cocktail party with music and holiday cheer! More on page 2.

Board of Directors 2010

President	Ellen Farber 207.646.8666
Vice-President	Mary Lee Pons 207.985.6273
Secretary	Karen Ida Peterson 207.439.2678
Treasurer	Margarete Driver 207.967.3580
Fundraising	Dorothy Healy 207.363.4167
Programs	Rose Safran 207.363.4534
Luncheons	Michele Hovde 207.646.6407
Membership	Susan West 207.646.7270
Newsletter	Priscilla Schwartz 610.256.4703 and Barb Poulin 207.337.2623
Activities	Betty Williams 207.646.5772
Publicity	Ellen O'Toole 207.439.3172
Historian	Regina Godfrey 207.363.7547
WCI Liaison	Kirsten Ivancevic 239.591.2854
Founder	Anna Kristina Sawtelle 207.361.1508

The next meeting will be on Monday, November 8, 2010 at 5:30 PM at Ellen Farber's home.

Newsletter deadline is two weeks before the Luncheon. The next deadline is November 13, 2010. Newsletters will be e-mailed, distributed at the monthly meeting, then mailed to those without web access the week following the Saturday luncheon and will also be posted on our website www.IWCNE.net.

"What Do You Do When The Medications Don't Work?"

At today's luncheon, Dr. Jeff Donatello will talk about the the various new scientific techniques used presently to treat chronic illness and pain.

Dr. Donatello is a chiropractor who specializes in Metabolic Medicine. In addition to his medical practice, he travels the world and has visited 35 countries where he competes in Triathalons.

The York Chiropractic Center's goal is

to alleviate pain as quickly as possible . Dr. Donatello prides himself on the concept of treating the whole patient and not just the symptoms. The center treats a wide variety of health issues from joint pain to sports injuries to cases of degenerative disc disease.

Dr. Donatello is the author of "*Energize Your Brain, Change Your Life: An Introduction to Exercise with Oxygen Therapy*".

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The President's Corner

The summer has reluctantly come to an end.
Indian Summer awakes and with summer does blend.
We look forward to crisp fall days
And a mild winter for our forays.
Some of our members will leave us for warmer places.
Others will remain on to enjoy the wonderful activities and familiar faces.
How can we ever top this year's fundraisers?
With selfless ladies that deserve our praises
Work hard, enjoy good times and come to activities with an international flare
That is our club, ladies who care.
Yours in friendship, Ellen Sue Farber

MEMBERSHIP NEWS

Former member **Irmgard U. Morin**, of Kennebunk, died recently. She was born in Konigsberg, Germany, in 1926. She is survived by her three children and was known as "Oma" to her seven children and four step-grandchildren. Donations can be made to Meals on Wheels, Southern Maine Agency on Aging 124 Ross Rd Kennebunk, 04043.

Condolences to former member, **Trudy Anderson** upon the loss of her husband Andy. You will find a memoriam to Andy at www.thp.org; (the Hunger Project) Put his name in the search box.

Cheers to members **Marilyn Barnett, and Nancy Winograd** who are now at home following surgery and stays at Durgin Pines. Also at Durgin Pines currently is **Mary Farley**, who served as our emcee at Fashion shows for a number of years.

MEMBER NEWS: MONIQUE ZOMBECK-
PHONE IN FLA. 239-455-9150
MAINE ADDRESS- 5 CHESTNUT LANE, 03909

NEWS FROM WCI: The next WCI Conference will take place in Denver, Colorado from June 21 to 25, 2012. Save the date-!! You will have the opportunity to meet women from all over the world who are making a difference.

Monthly Activities

Book Club

Co-Facilitators: Julie Stathoplos/Anna McGann

October Meeting

Date: Tuesday, October 26th at 7 PM

Book: *Tinkers*

Author: Paul Harding

Hostess: Barb Poulin 207.337.2623

November Meeting

Date: Tuesday, November 30 at 7 PM

Book: *Little Bee*

Author: Chris Cleaves

Hostess: Betty Williams 207.646.5772

Please call hostesses if you plan to attend.

Les Chanteuse

**Date: 1st Thursday of each month
at 5:30 PM**

Site: Home of Ellen Farber at 20 Tern St. in Ogunquit, ME. The only requirement is that you come to have a good time. We will be preparing for a performance. Dinner at a restaurant follows which is optional. Please call Ellen at 207.646.8666 for more information.

World Cinema Discussion

Facilitator: Barb Poulin, 207.337.2623

Date: Monday November 1

Time: 7:00 PM

Place: Yorkshire Commons Community Room

Film: *An Education*, 95 minutes long

A 2008 British Film, Jenny's (Oscar nominee Carey Mulligan) Oxford-bound teen life is a bore in 1961 London until she's given a different kind of education after being immersed in the beguiling but hazardous world of much-older David (Peter Sarsgaard). Even Jenny's parents are intrigued by him, but her unimpressed teacher works to keep Jenny's entire future from crumbling. Directed by Lone Scherfig. Please call Barb at 207.337.2623 if planning to attend.

Francophone Gourmet Circle

Date: Wednesday, November 17 at noon

Site: TBD

Please call Janine Kolb at 603.319.8470 if you plan to attend and for more information

HOLIDAY PARTY

Join us for merriment, music
and some holiday surprises.

Sun., December 5 from 4 to 6 pm
Bring friends, spouses
significant others and a cocktail
type dish for 8.

Wine and a Holiday grog will be
served. \$20 per person.

The party will be held in Kittery
at Shephard's Cove Directions
and more details will be in the
next newsletter.

Est. 1889
h Hunt's
Photo, Video and
definitely DIGITAL

BOSTON 617-778-2222
CAMBRIDGE 617-576-0969
HADLEY 413-585-9430
MELROSE 781-662-8822

PROVIDENCE 401-781-5190
SO. PORTLAND 207-773-9555
MANCHESTER 603-606-3322
Ellen S. Farber, Owner



SATURDAY, NOV. 6TH

9 AM TO 2 PM

IWCNE HOLIDAY FAIR

***YOUR HELP IS urgently NEEDED:
GIVE 2 HOURS OF YOUR TIME...***

- Friday for set up—3 to 6 PM
- During Fair— 9 am to 2 PM
- After Fair break up— 2 to 4 PM

DONATE TO BAKE SALE..

- All kinds of goodies
- Used cookbooks & kitchen items

INVITE FRIENDS AND NEIGHBORS

- Buy from a wide array of vendors
- Sit down to a delicious lunch

*TO VOLUNTEER CONTACT PAT DATEO 207-251-4402 /
OR DOROTHY HEALY 207-363-4167*

LUNCHEON RESERVATION FORM SATURDAY, November 27, 2010

Bull and Claw, Wells

Send checks for \$20 by Monday , November 22 to:

Michele Hovde
PO Box 1744
Ogunquit ME 03907

Meeting at 11:30

Lunch at Noon

Les Chanteuse

Name: _____

Phone: _____

Enclosed \$ ____ for # ____ Reservations

(Please circle-clip-send)

First Course: Tossed Salad

Second Course: Crab crusted Salmon

OR

Prime Rib au jus

Third Course: Apple Crisp

Coffee or tea and rolls and butter

PLEASE NOTE THAT ALL RESERVATIONS MUST BE IN 5 DAYS BEFORE THE LUNCHEON.

Restaurants will not be able to serve extra meals or make changes to choices. We will not return checks unless cancelled 4 days before.

Fund Raising:

Kudos to Dorothy Healy and The Fund Raising Committee for the three wonderful October events beginning with Octoberfest at the Chadwicks' complete with traditional food, music and lots of fun.

The **Chili Fest** was held on 10-13-10 at Mary Lee Pons' home with the assistance of Cynthia Alves, neighbor and member. Both ladies cooked the chili (according to Cynthia's "special recipe") which turned out to be "super-licious". The house was very festive with multiple tones of brown and orange reflecting the season.

Fourteen members attended and laughter could be heard out in the street. Someone suggested that the cooks had doctored the chili with "giggle seasoning". This was our first attempt at a northeast regional pot luck and surely it won't be the last.

The **Progressive Dinner** in York will have taken place on 10-22-10 and as we went to press 34 people were expected for wine and appetizers at Dorothy Healy's; entrée at Mary Kinnear's and dessert at Regina Godfrey's.

Susan Heckaman

Financial Advisor - AAMS

Edward Jones

MAKING SENSE OF INVESTING



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International Women's Club of New England
P.O. Box 351
Cape Neddick, Maine 03902

Yearly Luncheon Calendar

FEBRUARY 27
MARCH 27
APRIL 24
MAY 22
JUNE 26
JULY 24
AUGUST 28
SEPTEMBER 25
OCTOBER 23
NOVEMBER 27

The Board strongly encourages members to attend the monthly meetings, which are integral to IWCNE. Luncheons promote friendship, introduce new members, provide information about club activities as well as furthering our mission of understanding the diversity of cultures in our country and throughout the world. It is also your opportunity to invite friends who can learn about the club and its various programs and projects.

From the Founder's Pen

Some years ago Muriel Poulin started a fall outing to her lovely cottage by the river, (a tradition which still continues) This might have been the second year. We were a few cars heading for the outing. I traveled in Barb Poulin's car together with other members in a tow of three total cars. After what seemed to be a long ride we arrived at a lovely spot with a lovely house on a small road .No river, but it was probably hidden somewhere. Muriel wasn't there to greet us but we figured she was likely somewhere. We unpacked our cars, coolers, Barb's wonderful soup, bottles etc. A trip to the outhouse and some of us started munching on all the goodies brought. Another car arrived and still no Muriel. Someone suggested might be this wasn't the house. After a small conference we packed everything back into the cars and proceed down the small road. Yes, we found Muriel waiting at her cottage, where had we been? If the owners of the first house had been observing us, they must have had a good laugh at this group of middle aged women enjoying themselves like calves in a meadow in the spring. All is well that ends well. However, a few years later this time in Kittery we again entered the wrong property and sat on someone's porch. Luckily GPS exists today.

Hands across the Sea, Anna Kristina

October, 2010 January, 2011 Event Dates

October 26.....Book Club
November 1.....World Cinema
November 6.....Holiday Fair
November 8.....Board Meeting
November 27.....Luncheon
November 30.....Book Club
December 5.....Holiday Party
December 6.....World Cinema
January 10.....Board Meeting
January 22.....Annual Meeting