

# INTERNATIONAL WOMEN'S CLUB OF NEW ENGLAND

NON-PROFIT

NON-POLITICAL

NON-SECTARIAN

The aim of the club is to foster friendship and understanding among people of different nations and to support charities that assist women and children.



# NEWSLETTER

Founded in 1992 by Anna Kristina Sawtelle, Volume 33, Number 2, February 29, 2024

[iwcn.net](http://iwcn.net)

Member of Welcome Clubs International [wciclubs.org](http://wciclubs.org)



“The campaign theme for International Women’s Day 2024, is *Inspire Inclusion*. When we inspire others to understand and value women’s inclusion, we forge a better world. And when women themselves are inspired to be included, there is a sense of belonging, relevance, and empowerment.”

## International Women’s Day 2024

I hope we all can spend some time on March 8, reflecting on the many, many ways we all positively impact each others lives and the lives of our families, friends, and communities. It is so important for us to realize how our friendships and caring actually make others feel accepted, loved, and cared for. We’re all at different “stages” of our life progressions, and I’ve noticed as my external schedules and responsibilities of the outside world have dropped away, I am left with the pleasant realization that much of the time, I am with friends I truly care about. I now have the opportunity spend time supporting charitable works. I can be spending time with others to realize how important we all are for each other...to grow, to be joyous, to belong. I am so thankful for my family and friends and community and I hope you all realize what a wonderful and formidable group of women we have in our club. And my, my, they are all so very interesting. Hope you’ll all be joining us for the very informative activities, the tasty potlucks, and special luncheons we’re planning. Lots of potential new friends and fun for you to enjoy with us.

I’m having a coffee at my home on 8 March to celebrate International Woman's Day. 10 AM - 11:30AM

There is no charge, no donation, but please make a reservation with Lucille so that we know how many to expect. [lucillegen@gmail.com](mailto:lucillegen@gmail.com) or (207) 318-7304

Please join us for coffee, tea, lemonade, with assorted coffee cakes and tea breads Hope to see you then

Warmest regards,  
Lynn

## EXECUTIVE BOARD OF DIRECTORS 2024

President	Lynn Pahland
Vice President	Anne Supenia
Secretary	Susan Martin
Treasurer	Birgit Christiansen
Membership	Yvonne Chainey
Fundraising	Ellen Farber-Libowitz
Newsletter	Martha Fava
Publicity	Margaret Weeks
Luncheons	Deborah Forster
Programs	Angela LeBlanc
Activities	Cindy Sayers
Historian	Lynne Gass
Potluck	
Coordinators	Mariene Benoit and Maureen Clayton
Webmaster	Lucille Gentsch
WCI Liaison	Denise Gaffney
Founder	Anna Kristin Sawtelle

The next executive board meeting is March 13th. If you would like to attend the board meeting please contact Lynn.

The deadline for newsletter input is March 9th.

The newsletter will be sent to those members who request it. As always it can be downloaded on our website:

[www.iwcn.net](http://www.iwcn.net)

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**Attention!** Next month this year’s charities will be announced by the Charity Selection Committee. Stay Tuned!

## INTEREST GROUPS

### BOOK CLUB

**Thursday March 28th at 3:00 pm**

**Book: Inside the Kingdom: My Life in Saudi Arabia**

By Carmen bin Laden  
Hostess:TBD



Please call 207.337.2623 or email [barbpoulin@aol.com](mailto:barbpoulin@aol.com) for more information and to RSVP

**Thursday, April 25th at 3:00 pm**

**Book: The Beekeeper of Aleppo by Christy Lefteri**

Hostess: TBD

Please RSVP the hostess

**We welcome New Members**

## FUNDRAISING

What an exciting year for fundraising and sisterhood. The IWCNE is off to a great start with our Souper Bowl with the Yum Bardy Cup soup winner our own president Lynn Pahland. Followed by an exciting game of football bingo, yummy soups and desserts.

Our next big fundraiser is at the **Wentworth Country Club Pavilion in Rye, NH on May 5, 11-2PM**. Fashions are by Chicos and Putting On the Glitz and modeled by our own members, including the hopeful winner of the "Mrs. Maine" Pageant in April. **The charge is \$65 a person, the menu and venue will be elegant.** You will get your invitation and raffles in the mail soon. The raffle prizes are exquisite. Looking forward to seeing you all at this event to help of our new charities soon to be announced.

Your party (fundraising) chairperson,

Ellen Farber

### GERMAN GROUP Kaffee und Kuchen

**Monday March 18th - 2:00 pm**

If you speak some German, please join our German Group! We will meet on the third Monday of each month from 2:00 to 3:30 pm at the home of Anna Kristina Sawtelle on Clay Hill Road, past Clay Hill Farm Restaurant in Cape Neddick. We will chat in German and enjoy Kaffee und Kuchen. Please call or email Anna Kristina by March 11th if you would like to attend (207) 361-1508 or [aksawtelle@aol.com](mailto:aksawtelle@aol.com).

### FRENCH GROUP

**Wednesday March 20th at 12:00 pm**

Sheraton Portsmouth Harberside Hotel, 250 Market St, Portsmouth, NH

Si vous voulez pratiquer votre Francis, venez déjeuner avec nous.

Please call or email Denise Martel if you would like to attend.

Denise Martel

[dfmartel@comcast.net](mailto:dfmartel@comcast.net)

603-828-7957



### MARCH BIRTHDAYS

- 1 Margareta Claesson, Cindy Sayers
- 2 Shona Taplin
- 3 Barbara O'Leary
- 6 Nancy Worthley
- 9 Anna Kristina Sawtelle
- 10 Gwen Knowlton
- 14 Jane Bagnell
- 15 Mariene Benoit
- 17 Sara Samaniego
- 21 Elaine Rohloff
- 28 EstherKraai
- 29 Laure Navarre
- 30 Maddi Franchi

### CALENDAR

- |                 |  |
|-----------------|--|
| <b>March 8</b>  | Coffee at Lynn Pahland's house celebrating International Women's Day |
| <b>March 12</b> | WCI Virtual Webinar Event  |
| <b>March 16</b> | Potluck St Paddy's   |
| <b>March 18</b> | German Group   |
| <b>March 20</b> | French Group   |

SAVE THE DATE – ST PADDY’S POTLUCK 🍀🍀🍀

MARCH 16, 2024, 5 PM COST \$20.00

AT THE LOOKOUT IN OGUNQUIT

If you plan to attend, please call or text Mariene Benoit at 207-251-8430 or email her at [mdarganb@gmail.com](mailto:mdarganb@gmail.com).

“A new friend maybe waiting for you, behind a strangers face”

**Maya Angelou**

Hello friends 🍀

Old friends....new friends....not yet met friends....come join our St Paddy’s Day Potluck for a rousing afternoon of Celtic music and a hearty Irish meal - traditional Irish stews, various and tasty individual recipes, some brimming with thick beef gravy, all with potatoes and veg; absurdly delicious and traditional homemade Irish soda breads (if you drive by Micky Robinson’s home, off of Route 1, York, the day before our party, you might catch an intoxicating whiff of the most heavenly fresh-baked Irish soda bread in all the world), served with the finest Kerrygold creamery butter; smooth and silky Irish cheeses; an assortment of tantalizing desserts - I even hear there’ll be an Irish whiskey cake among the choices - and capped for the evening by coffee, and if you’d like, a shot of Irish Cream whisky...

Whew!...and on top of the that, you can toe tap or dance and sing away the calories to the music of our wonderful traditional Irish band, **The York River Ramblers**.

Please, come and spend a joyous time with your friends...bring your friends to meet your fellow club members - we’d love it.



**FUTURE POTLUCKS**

**April 15** Brunch at Lynn Pahland's home in Kittery, with international foods and drinks 10:30 AM-12:30 PM.

**May 18** Potluck at Lucille Gentsch’s home in Kennebunkport, with drinks including Lucille’s Mint Juleps (plus soft drinks) and Southern style finger food from 5-7 PM. Maximum attendees will be 20, one per entered horse to root for. Wearing extravagant hats is encouraged!

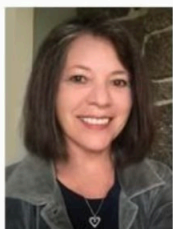
**June 12** Outdoor Potluck at Sara Samaniego's home in Wells from 1-3 pm. (backup date June 13)



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**The Farber Family**



## WELCOME CLUBS INTERNATIONAL

WCI will host a virtual CSW68 Forum Parallel Event on **March 12, 2024, from 8:30-10:00 AM** (U.S. Eastern Time). Four inspiring women from WCI and Zonta who will share their professional insights on “Empowerment through service and education to build a better life for women and girls”. **We encourage you to participate in this very interesting virtual webinar event.**

Any questions, please contact Denise Gaffney:  
[necigaffney@gmail.com](mailto:necigaffney@gmail.com)  
(617) 733-9973

Registration Form: <https://forms.gle/nbyb1snV4dq28j8K6>  
Please click the link below to join the Webinar: <https://us02web.zoom.us/j/81824328053?pwd=NlpISWJoZDcxL2FjdzU2OWZpV2xNUTo9>

- Meeting ID: 818 2432 8053
- Passcode: **2024**

## MEMBERSHIP REMINDERS

### DIRECTORY

The new directory is coming in April.

## TREASURER'S REPORT

Admin Account	\$5,754
Charity Account	\$518.72
CD	\$5170.71

Birgit Christiansen, Treasurer

## WELCOME NEW MEMBERS

Deborah Bowles  
131 Nubble Rd  
York, ME 03909  
C- 781-956-0531  
[deb.bowles@me.com](mailto:deb.bowles@me.com)

### Spelling Correction:

Ann Kahwaty (from the January list)

## MONTHLY MEETINGS

<b>March 16</b>	Potluck St Paddy's
<b>April 15</b>	Potluck Brunch
<b>May 18</b>	Derby Day Potluck
<b>June 26</b>	Luncheon
<b>July 24</b>	Luncheon
<b>August 28</b>	Luncheon