



ESTABLISHED 1992

Other Clubs Established
• Dallas, Texas
• Douala, Cameroon

INTERNATIONAL WOMEN'S CLUB OF NEW ENGLAND
NON-PROFIT NON-POLITICAL NON-SECTARIAN

The aim of the club is to foster friendship and understanding among people of different nations and to support charities that assist women and children.

NEWSLETTER

Founded in 1992 by Anna Kristina Sawtelle
Volume 19 / Number 8 / August 28, 2010
WWW.IWCNE.NET and WWW.Welcomeclubs.org

Upcoming Luncheon Programs

Sept. 25th, 2010– Beachmere

The Ubiquitous

Winston Churchill:

Robert Stevens

An authority on Winston Churchill, **Robert Stevens**, Principal, York High School, will be the speaker at our September luncheon. Mr. Stevens, a former *Principal of the Year* and *Educator of the Year*, indicates that he has “consumed seventy-five biographies” of the famous British leader.

Mr. Stevens informed us that there are “over 3200 books on Churchill” and that new ones seem to come out every month. He notes that there are “fifteen tons of Churchill’s personal papers” and “I have read all of his major works.”



October 23, 2010

“What do you do when the medications don’t work?”

Jeff Donatello

This eye opening talk will feature the various new scientific techniques used presently to treat chronic illness and pain.

Dr. Donatello is a chiropractor who specializes in Metabolic Medicine. He travels the world and has visited 35 countries where he competes in Triathalons.

Board of Directors 2010

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Historian	Regina Godfrey 207.363.7547
WCI Liaison	Kirsten Ivancevic 239.591.2854
Founder	Anna Kristina Sawtelle 207.361.1508

The next meeting will be on Tuesday, September 14, 2010 at 2 PM at Ellen Farber’s home.

Newsletter deadline is two weeks before the Luncheon- The next deadline is September 11, 2010. Newsletters will be e-mailed, distributed at the monthly meeting, then mailed the week following the Saturday luncheon and will also be posted on our website www.IWCNE.net.

August Program: Seniors As Volunteers:

Ken Murray, Director of Volunteer Services for the Southern Maine Agency on Aging will discuss his organization’s Retired Senior Volunteer Program. RSVP includes a wide range of volunteer opportunities as well as various services provided to individuals, non-profits, schools, community organizations, etc. It is a very broad program involving volunteers with varied skills..

Volunteers engage not only in socializing, shopping, gardening and home making, but also in special activities such as computer savvy, foreign language, financial, etc.

Recipients of the many RSVP services also range widely and may be individuals in need, schools, health care facilities, and non-profit organizations. RSVP volunteers with special skills such as accounting, volunteer management, fund raising or event planning may be connected to non-profits in need of assistance. Mr. Murray tells us that RSVP is now in Great Britain, which gives it something of an international thrust.

IWCNE member Deborah Levine will be sharing some of her experiences as local RSVP coordinator/Advisory Board member.

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The President's Corner

WHAT REALLY MATTERS BY LINDA MAY PITMAN

What really matters is that we love our fellow man.

We honor and respect him or her and love them when we can.

Look away from imperfections and flaws of every kind.

And keep away from rumors which corrupt the human mind.

Let us strive for hard work and good friendship. We have much to be proud of: thanks to Anna Kristina (the hostess with the mostest) and Dorothy Healy for the wonderful cocktail party last month.

Congrats to Michele Hovde and Rose Safran for the delicious and informative luncheon with Sandell Morse, who was fabulous and most nostalgic.

Kudos to Les Chanteuse which performed at Kennebunk Nursing Center in July and at Sentry Hill in August.

Great work by the Flea Market and Game Day teams!

Join us for the cook-out and picnic potlucks, cinema and book club which will be taking place in the next few weeks.

Yours in friendship, Ellen

News from WCI

After 3 years, IWCNE member, Kirsten Ivancevic will be stepping down as Secretary of the WCI Executive Committee. She has received high praise from past Presidents for her wonderful work . Trying to fill her shoes, will be Priscilla Schwartz, who has been named as the new Secretary and will attend the September Executive Committee meeting in Philadelphia as will Anna Kristina Sawtelle, who serves as Regional Membership chair for North America: USA & Canada

Welcome Clubs International Twelfth Biennial Conference will take place in Denver Colorado, June 21-25, 2012. There are currently 7 US clubs and 14 clubs in other countries including: Armenia, Brazil, Bulgaria, France, Germany, Israel, Italy, Lebanon, Switzerland, Taiwan, Turkey and the UK. The web site is www.welcomeclubs.org.

Monthly Activities

Book Club

Co-Facilitators: Julie Stathoplos/Anna McGann

August Meeting

Date: Tuesday, August 31 at 7 PM

Book: "The Immortal Life of Henrietta Lacks" by Rebecca Skloot

Hostess: Monique Zombeck
207.363.5786

September Meeting

Date: Tuesday, September 28 at 6 PM

(please note change of time)

Hostess: Julie Stathoplos 207.646.3874

Bring a poem or reading to be shared
Please call hostesses if you plan to attend.

Pot Lucks

Please call Betty Williams 207.646.5772 to reserve for Muriel Poulin's picnic at her cabin on the Little Ossipee River on Saturday, September 11th-10 AM to 4 PM. Drivers of carpools can e-mail Dorothy Healy for directions.

Activities

RE: OCTOBER 6 TRIP TO MUSEUM OF RUSSIAN ICONS /CLINTON, MA

We will leave the Wells Transportation Center at 9 AM. There will also be a pick-up at the York Park and Ride at 9:15. Round trip fare is \$38.50. Docent tour \$4.00 per person,.....

Activities cont'd

otherwise a donation to tour on your own.
Lunch at Old Timer Restaurant & return to Maine no later than 5 PM.

Check in the amount of \$38.50 payable to Betty Williams MUST be received by Sept. 15th. Give her the number of your cell phone, if you routinely carry one.

World Cinema Discussion

Facilitator: Barb Poulin

Date: Monday September 13 (not Labor Day)

Time: 7:00 PM (Note summer starting time)

Place: Yorkshire Commons

Community Room off I A, York

Film: . Summer Hours (L'Heure d'Ete)
Sensing that death is close at hand, 75 year old Helene (Edith Scob) summons her three adult children to her home in the French countryside and tasks them with deciding the fate of her extraordinary art collection. Juliette Binoche, Charles Berling and Jeremie Renier star as the three siblings forced to ponder their legacy and identity in this touching drama from acclaimed writer/director Olivier Assayas- 103 minutes
Light refreshments will be served.
Call Barb Poulin if you plan to attend.

Les Chanteuse

Date: 1st Thursday of each month at 5:30 PM

Site: Home of Ellen Farber at 20 Tern St. in Ogunquit, ME. The only requirement is that you come to have a good time. We will be preparing for a performance. Dinner at a restaurant follows which is optional. Please call Ellen at 207-646-8666. for more information.

Francophone Gourmet Circle

Date: 15 Septembre

Site: Chez Barbro Bohl

SVP, telephonnez Joahna Mangion (207-439-8782) or envoyez un courriel a rbmangione@juno.com pa plus tard que 10 Septembre pour savoir si vous viendrez et que vous aimeriez apporter. Merci!

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MANCHESTER 603-606-3322
Ellen S. Farber, Owner

My trip to Amsterdam, Norway, the Fjords and the Arctic Circle

June 19 to July 3, 2010 ————— Ellen Farber

After a full day of travel and layovers, we arrived in Amsterdam in the afternoon of Sunday, June 20. Our adventures began at 5:30 PM— which was fine as everything stays open until 11 PM since the sun shines until at least that time. Our first stop, traveling on the canals, was to the Anne Frank House and Museum, then to the red light district. From one extreme to the other, serious genocide history to girls prancing in the windows selling their wares. Prostitution is legal in the Netherlands as well as drugs. If you go into a Coffee Haus you'll be offered more than coffee, hashish as well. The next day we visited a number of synagogues before boarding our Celebrity Cruise Line ship, The Constellation. Our boarding was delayed as the ship had had an outbreak of Norovirus.

Day 4 was at sea and gave us the opportunity to swim in the pools, exercise and get pampered. We were in the North Sea heading towards Norway and on day 5, docked in Alesunde, where we visited the the Bourunder Museum which showed a village from 1500-1800. By day 6 we were 1500 miles from the Arctic Circle and in Tromso, Norway, where the sun never set. We saw the Northern Lights , the Polaria Museum and the Ice Church. The next days we visited the northern most point of Norway (on the mainland) , Molde (where there was wonderful shopping and great scenery) and then saw the Geiranger Fjords with a mountain height of 5000 feet which was the highlight of our trip. In Olden Norway we took a boat ride through the Fjords and saw many glaciers. One of my favorite places was our next stop at Bergen which looks like a German hamlet. The ship then headed back through the North Sea and to Amsterdam.

This was a wonderful trip with breathtaking scenery. Each day was warmed by the gulf stream 70-80 degrees. The North and Norwegian Seas are surrounded by beautiful huge mountains and fjords with melting glaciers which run down the mountainsides. Amsterdam is a city of contradictions and extremes.

This is definitely a trip worth making. Finding my luggage and not getting the Norovirus certainly added to my wonderful adventure.



Amsterdam



Arctic Circle Globe



Ellen with Laplander

July 23rd Musicale and Cocktail party at Anna Kristina Sawtelle's

FROM THE FOUNDERS PEN

Summer, open windows, flowers from garden and meadow in every vase, music, surprise celebration for member Brenda Sullivan's 50th wedding anniversary, table laden with delicacies, friends and family— what more can one wish. The day was Friday, July 23 and the place, my home.

I am deeply grateful to all, including our musicians, Lanny Snodgrass from Seattle, Washington, and Kim Hoffman from Connecticut who came in just to entertain us. Thanks to our IWCNE fund raising chair, Dorothy Healy, and her very able crew of men and women for making this event so special. These wonderful people not only gave us an evening of pleasure, but also thereby are helping us be able to assist the needy in our community.

Hands across the sea,
Anna Kristina Sawtelle



LUNCHEON RESERVATION FORM SATURDAY, SEPTEMBER 25, 2010

Beachmere Inn– 207-646-2021

62 Beachmere Place

(nearly opposite the Ogunquit Library just off of Shore Road)

Send checks for \$20 by Monday September 20 to:

Michele Hovde
PO Box 1744
Ogunquit ME 03907

Meeting at 11:30

Lunch at Noon

Speaker: Robert Stevens, “The Ubiquitous Winston Churchill

Name: _____

Phone: _____

Enclosed \$ ____ for # ____ Reservations

(Please circle-clip-send)

Mixed Green Salad with English cucumbers and crumbled goat cheese

Maine Crab Cakes or

Grilled Chicken Breast with white wine vinaigrette

Platter of assorted desserts

PLEASE NOTE THAT ALL RESERVATIONS MUST BE IN 5 DAYS BEFORE THE LUNCHEON.

Restaurants will not be able to serve extra meals or make changes to choices. We will not return checks unless cancelled 4 days before.

FUND RAISING

We have been incredibly successful in our fund raising efforts to date. Successful because we've enjoyed ourselves. All of our events involved a cross section of club members– some familiar faces, some faces we hadn't seen in a long time and new member faces that are now familiar to us. Thanks also to the husbands who have joined in, both socially and to help with the “heavy lifting”.

The Musicale at Anna Kristina's home on July 23rd contributed \$1,096 to the Charity funds plus quite an inventory of wine for future fund raising events; fifty three members and guests had a wonderful evening.

The Flea Market in York on August 14 contributed \$533.35 to the Charity Fund and the remainder of the items not sold were donated to Fair Tide, a charity in Kittery Me to do further good. Eighteen members worked that day and many more contributed items to be sold. What fun we all had!.

Game Day in York on August 20th contributed \$335 to the charity fund. The expenses were covered by Michele Hovde, Polly Colletti, Julie Stathoplos and Enid Topchik, Thanks to each and every one of you for a lovely afternoon. Twenty-seven members and guests attended.

Strawbery Banke Garden Party in Portsmouth on August 22nd contributed \$540 to the charity Fund. There were 26 members and guests attending. Thank you to Cynthia Raymond, Judy Totman and Ellen O'Toole for all their work to make this tradition a memorable one. Dorothy Healy

Susan Heckaman
Financial Advisor - AAMS

Edward Jones

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Yearly Luncheon Calendar

FEBRUARY 27
MARCH 27
APRIL 24
MAY 22
JUNE 26
JULY 24
AUGUST 28
SEPTEMBER 25
OCTOBER 23
NOVEMBER 27

The Board strongly encourages members to attend the monthly meetings, which are integral to IWCNE. Luncheons promote friendship, introduce new members, provide information about club activities as well as furthering our mission of understanding the diversity of cultures in our country and throughout the world. It is also your opportunity to invite friends who can learn about the club and its various programs and projects.

Fall Dates

August 29.....Cookout Pot Luck
August 31.....Book Club
September 11..... Picnic Pot Luck
September 13.....World Cinema
September 14.....Board Meeting
September 25.....Luncheon
September 28.....Book Club
October 4.....World Cinema
October 6..... Trip to Icons Museum
October 7 Octoberfest Pot Luck
October 12.....Board Meeting
November 6Holiday Fair
December 5.....Holiday Party
(tentative)