



ESTABLISHED 1992

Other Clubs Established  
• Dallas, Texas  
• Douala, Cameroon

# INTERNATIONAL WOMEN'S CLUB OF NEW ENGLAND

NON-PROFIT      NON-POLITICAL      NON-SECTARIAN

The aim of the club is to foster friendship and understanding among people of different nations and to support charities that assist women and children.

# NEWSLETTER

Founded in 1992 by Anna Kristina Sawtelle  
Volume 20/ Number 11 November 26, 2011  
[WWW.IWCNE.NET](http://WWW.IWCNE.NET) and [WWW.Welcomeclubs.org](http://WWW.Welcomeclubs.org)

## UPCOMING EVENT

### Holiday Party

Let's celebrate the Holidays together!

The Board of Directors of IWCNE invites all members and their spouses

to a Holiday Party at Shepards Cove Club House in Kittery, Maine

Sunday December 4th from four o'clock to six o'clock.

Do come, and R V S P to Regina at 207.363.7547 [regal207@aol.com](mailto:regal207@aol.com)



### **Slate of Officers to be Voted Upon**

President – Ellen Farber-Libowitz (third term)

Co-Vice Presidents – Mary Lee Pons, Michele Hovde

Secretary – Karen Peterson (third term)

Treasurer – Daria Tansey

Fundraising – Maureen Clayton

Programs – Rosa Hernandez

Lunch Coordinator – Marsha Miller

Membership – Daria Tansey

Newsletter – Barbara Poulin, Barbro Bolh

Activities – Darleen Chadwick

Publicity – Deborah Levine

Historian – Susan West

WCI Liaison – TBD

Submitted by Daria Tansey, Chair

### **Board of Directors 2011**

President	Ellen Farber-Libowitz 207.646.8666
Co V. P.'s	Mary Lee Pons 207.985.6273 Ellen O'Toole 207.439.3172
Secretary	Karen Ida Peterson 207.439.2678
Treasurer	Daria Tansey 858.997.5656
Fundraising	Maureen Clayton 207.363.2067
Programs	Rose Safran 207.363.4534
Luncheons	Michele Hovde 207.646.6407 Irma Phillips 207.363.1170
Membership	Barbro Bolh 603.964.5794
Newsletter	Barb Poulin 207.337.2623 and Marylee Pons 207.985.6273
Activities	Darleen Chadwick 603.379.2147
Publicity	Deborah Levine 603.205.4073
Historian	Susan West 207.646.7270
WCI Rep.	Anna Kristina Sawtelle 207.361.1508
Founder	Anna Kristina Sawtelle 207.361.1508

The twelfth board meeting of 2011 will be on December 12 at 11:30 AM at Wentworth by the Sea. (brown bag lunch). Next newsletter deadline will be Monday, January 12. Newsletters will be mailed the week following the Saturday luncheon to members unless they have indicated to us that they are willing to access the newsletter posted on our website: [WWW.IWCNE.NET](http://WWW.IWCNE.NET).

## TODAY'S LUNCHEON PROGRAM

Tinker Newick, an exceedingly well-traveled woman and dynamic speaker who recently visited Peru as a participant in an Earthwatch project in the Peruvian Amazon. This two-week project included scientists from Peruvian universities as well as Peruvian students along side of whom she worked as they collected information about the various species in the area. Surveyed species

included macaws, caiman, dolphins and various fish species including endangered species; the information gathered points to the health of natural life in the area. Highlights of her presentation will also include the extensive excavations she visited at the famous World Heritage Site of Machu Pichu and a description of two island communities on Lake Titicaca, the vast lake that spans both Bolivia and Peru.

### IN THIS ISSUE

President's Corner.....	2
Calendar.....	2
Monthly Activities.....	2
Membership.....	2, 4
Holiday Fair.....	3
Luncheon Coupon.....	3
WCI Corner.....	4

## The President's Corner

Dear Friends,

Did you ever hear of the word mitzvahs? This is a Yiddish or Jewish word that means small acts of kindness that can heal, inspire and change your life. You start by becoming aware of your surroundings, the people around you and the way you can help. And then you also start noticing others doing good, too. Mitzvahs can be performing good deeds for your family to start, like expressing your pride in them, giving a good book to a friend and finally donating money to charity. And then there are less familiar ones like the replacing the toilet paper in a bathroom stall in Spain, letting a supermarket employee know how much you appreciated their services or catching a runaway dog. Intentions count too as mitzvahs, because sometimes we try but it doesn't always turn out the way we want. The highest level of mitzvah is giving before being asked. Those of you who have given to our club and other groups are performing mitzvot and doing G-d's work. They are little things but they make the world a better place. Thank you for your involvement this year, in years past and in the future.

In friendship, Ellen Farber, President

## Membership News

We welcome two new members and one returning member:

Kathleen Eaton  
115 Mountain Road  
Cape Neddick, ME 03902  
207-363-6189  
[kbefisherries@yahoo.com](mailto:kbefisherries@yahoo.com)

Shona Taplin  
6 Sewall Road  
South Berwick, ME 03908  
207-704-0418  
cell 207-698-0169  
[downpat26@comcast.net](mailto:downpat26@comcast.net)

Monique Zombeck  
15 Chestnut Lane  
York, ME 03909 (June - Nov)  
207-363-5786  
cell 207-351-7060  
1060 Partridge Circle #201  
Naples, FL 34104  
[Moniquezombeck@yahoo.com](mailto:Moniquezombeck@yahoo.com)  
  
New address for Rose Safran:  
80 Lyme Road, Apt 252  
Hanover, NH 03755  
603.643.4428

## Monthly Activities

### Book Club

**Co-Facilitators: Julie Stathoplos/Barb Poulin**

#### NOVEMBER BOOK CLUB

Date: Tuesday, November 29 at 7 PM

Book: *Caleb's Crossing*

Author: Geraldine Brooks

Hostess: Betty Williams 207.646.5772

Please call Betty if you plan to attend.

#### JANUARY BOOK CLUB

Date: Tuesday, January 31 at 6 PM

Book: *A Moveable Feast*

Author: Ernest Hemingway

Hostess: Pat Dateo 207.251.4402

### Francophone Gourmet Circle

Monday, January 16 at noon. Venue to be determined. (TBD) Please email Zoi Diamond at [zoidiamond@aol.com](mailto:zoidiamond@aol.com) if you plan to attend and for more information. She will call those without email access.

### Potluck

A pot luck will be held at the home of Tinker Newick in York on Friday, January 27 at 6 PM. Please call Regina Godfrey for reservations: 207.363.7547.

**A New feature coming during 2012:  
Recipe of the Month!  
(space permitting)  
Please submit your favorite!**

### Les Chanteuses

Date: 1st Thursday each month at 6 PM  
Site: Home of Ellen Farber at 20 Tern St. in Ogunquit, ME. The only requirement is that you come to have a good time. Optional dinner at a restaurant follows. Please call Ellen at 207.646.8666 for more information.

### World Cinema Discussion

Date: Monday, December 5

Time: 6 pm

Place: Home of Barb Poulin  
5 Freeman St. York Beach

Film: True Grit 107 minutes No subtitles

Directed in 2010 by Ethan & Joel Coen  
Oscar Nominee for Best Picture

Date: Monday, January 2  
Time: 6 pm

Place: Yorkshire Commons  
Route 1A York Maine

Film: Poetry 107 mins subtitled Korean

A poetry-writing class inspires serenely self-possessed grandmother Mija (Jeong-hie Yun) to open her senses to her suburban surroundings, but in rushes an array of unsettling discoveries in this lyrical South Korean melodrama. Light refreshments will be served. Please call

Barb Poulin at 207.337.2623 if you plan to come. \$2 donation

## DEC - JAN CALENDAR

Nov 29 Book Club  
Dec 1 Les Chanteuses  
Dec 4 Holiday Party  
Dec 5 World Cinema  
Dec 12 Board Meeting

Jan 2 World Cinema  
Jan 5 Les Chanteuses  
Jan 9 Board Meeting  
Jan 16 Francophone Lunch  
Jan 28 Club Luncheon  
Jan 31 Book Club

Est. 1889  
**h Hunt's**  
Photo, Video and  
definitely DIGITAL

BOSTON 617-778-2222      PROVIDENCE 401-751-5190  
CAMBRIDGE 617-576-0969      SO. PORTLAND 207-773-9555  
HADLEY 413-585-9430      MANCHESTER 603-606-3322  
MELROSE 781-662-8822      Ellen S. Farber, Owner

## IWCNE MEMBER INFORMATION SHEET

**FOR 2012 RENEWALS- PLEASE PRINT OUT AND RETURN WITH  
YOUR \$35 DUES**

NAME: \_\_\_\_\_

SPOUSE OR SIGNICANT OTHER: \_\_\_\_\_

MAILING ADDRESS: \_\_\_\_\_  
\_\_\_\_\_

ALTERNATE ADDRESS: (note dates) \_\_\_\_\_  
\_\_\_\_\_

HOME PHONE (with area code): \_\_\_\_\_

CELL PHONE (with area code): \_\_\_\_\_

E-MAIL ADDRESS: (keeps cost of mailing down) \_\_\_\_\_

COUNTRIES OF CLOSE ASSOCIATION: \_\_\_\_\_

Please indicate if you are interested in learning more about the following: (Being a member of one or more of the interest groups is a wonderful way to meet members you might not otherwise see on a regular basis.)

Book club \_\_\_ World Cinema \_\_\_ French club \_\_\_ Trips /Activities \_\_\_

Choral Singing/Instrumental Music \_\_\_ New Group Idea \_\_\_\_\_

Your help is invaluable and is the only way we can continue to provide quality programs, increase our membership and raise funds for the Women's and Children's charities we support each year.

Serving in a leadership capacity as chair of a project or program \_\_\_\_\_

Member of Fund Raising and Charity Committee \_\_\_

**Please return this form with your \$35 dues to:**

**Membership Chair,**

**c/o IWCNE, Box 351, Cape Neddick, ME 03902**

# LUNCHEON RESERVATION FORM SATURDAY, January 28, 2012

Robert's Maine Grill, Route 1, Kittery

(Please fill out-clip-send)

Send checks for \$20 by Friday, January 21, 2012 to:

Marcia Miller  
P.O. Box 1744  
Ogunquit, ME 03907

Meeting at 11:00

Lunch at Noon

**SPEAKERS: Representatives from Our Charities**

NAME: \_\_\_\_\_ PHONE \_\_\_\_\_

Enclosed \$ \_\_\_ for # \_\_\_ Reservations

Mixed green salad

Maine's best fish and chips with French fries and coleslaw

Or-- Vacationland burger with cheddar cheese, lettuce, tomato, red onion and French fries

Dessert: Blueberry Crumble a la mode

Coffee and Tea Service

**NOTE: ALL RESERVATIONS MUST BE IN 7 DAYS BEFORE THE LUNCHEON.**

## Holiday Fair

Thank You!

The successful IWCNE Holiday Fair was the result of lots of hard work by members. Planning by the committee began in March, and each member started working. Marilyn Barnett bravely stepped forward to coordinate the kitchen. Last year's chairman, Rose Moretto, was not here on the 12<sup>th</sup>, but helped with information from last year and visited businesses for food donations. Pat Dateo, last year's chairman, got the group started creating decorations and filling baskets. Betty Williams started finding items for the raffle and getting tickets printed, and Regina Godfrey started planning ways to make the bake table especially inviting. Deb Levine planned how to get the best publicity, and Daria Tansy created a budget and kept track of all money. These members plus Cathy Trent, Ellen O'Toole, and Micky Robinson began lots of happy hours creating crafts. Virginia Souza designed very creative posters that we distributed in early November.

The week before the Fair, signs were put up by Pat and Bob Dateo and Ellen and Howard Libowitz.

Friday and Saturday Marilyn had an amazing crew of kitchen help. Muriel Poulin, Joan Curtis, Micky Robinson, Mary Lee Pons, Cynthia Alves, Rosa Hernandez, and Tinker Newick prepared and served lunch. Darleen Chadwick was there for clean up. Pat did her amazing "triage", meeting late requests by vendors and making them happy. Mary Della Puietra successfully sold pins all day and greeted friends. Others who came willing to do whatever was needed included Gwyneth Wykes, Marsha Miller, Karen Peterson, Barb Poulin, and Anna-Lisa Gotschlich. Others made soup and baked goodies for Regina's bake table.

The list is not complete without giving a big thank you to Alden Tansy and Bob Dateo. They were there both days doing heavy lifting and whatever else we needed.

Many hands do make light work, and we must add that it was also a lot of fun!

Charlline Ludgate

## 3rd Annual Pajama Drive

For the 3rd straight year, we will have a pajama drive to help those people less fortunate than ALL of us. When you come to the Christmas Party on December 4th, I want and hope everyone will bring a new pair of flame retardant pajamas, any size. As teenagers are also involved in homelessness, a pair of adult warm pajamas are also welcome. I will donate them to two Maine organizations for distribution. Let's make this bigger than last year. A lot of people can use our help, and I know I can count on YOU! Questions? please call Darleen Chadwick 603.379.2147

## Recipe of the Month: Easy Crustless Quiche

1/4 # butter	1/2 c flour (or less)	2 c. cottage cheese
6 large eggs	3 oz pkg cream cheese (softened)	
2 tsp baking powder	1 # Monterey Jack cheese	
1 tsp salt	1 tsp. sugar	1 cup milk

Melt butter in small saucepan. Soften cream cheese. Add flour and cook until smooth. Beat eggs, add milk, cheese, baking powder, salt, sugar and butter-flour mixture. Stir well. Pour ll-greasinto well-greased 9x13x2 pan. Bake uncovered at 350 for 45 minutes.

Made by Susan Heckaman for recent Club pot luck: rave reviews!



International Women's Club of New England  
P.O. Box 351  
Cape Neddick, Maine 03902

## Yearly Luncheon Calendar— 2012

JANUARY 28  
FEBRUARY 25  
MARCH 24  
APRIL 28  
MAY 26  
JUNE 23  
JULY 28  
AUGUST 25  
SEPTEMBER 22  
OCTOBER 27  
NOVEMBER 24

The Board strongly encourages members to attend the monthly meetings, which are integral to IWCNE. Luncheons promote friendship, introduce new members, provide information about club activities as well as furthering our mission of understanding the diversity of cultures in our country and throughout the world. It is also your opportunity to invite friends who can learn about the club and its various programs and projects.

## Membership Renewal for 2012

It is time to renew your IWCNE dues. Payment of \$35.00 for your yearly membership is due by December 31, 2011. You may pay either by mail or by using PayPal on our web site at [www.iwcne.net](http://www.iwcne.net). You MUST include a Member Information Form with your payment if you wish your name to appear in the directory (the form is included in this newsletter). Members who do not renew by the deadline may be in danger of losing club privileges, so don't delay.

Thanks very much for your help and cooperation.

WCI Board meeting in Naples, Florida has just concluded is annual Fall Meeting with Board members from around the world attending. As the regional membership chair for USA & Canada my duty was to report on the 8 Clubs in USA and their upcoming planned events for their next fiscal year, which in most cases have just started. Some clubs do not engage in Fundraising activities per their By-laws. However their programs are still very vital to introduce and educate members about our global position in the world and for their members from around the world to learn about USA. Some clubs are making major changes like ours, if the November voting is favorable, allowing members to serve a third term in same position. Welcome to Florida Club will send out their "Welcome new member letter" to include upcoming events and their by-laws. Annual directory will be in shape of a binder and inserts will be replaced as needed. Monthly Luncheons will only twice a year include a lengthy Business-meeting. Other times simply short information not listed in the monthly Newsletter. Many clubs programs include member's presentation, visits to historical buildings, museum, charity organizations etc. The upcoming Denver, Colorado WCI International Conference in June 2012 is a wonderful way to educate yourself what the word INTERNATIONAL stand for and to meet fellow members from around the world. Anna Kristina Sawtelle, WCI Liaison

## WCI CORNER

### WCI International Conference June 21-25 2012

Denver, Colorado  
Post trip Conference  
June 26-July 1 2012  
Santa Fe, Grand Canyon,  
Las Vegas

Please view all details at  
[www.welcomeclubs.org](http://www.welcomeclubs.org)

We need a volunteer for WCI Liaison 2012.

Anna Kristina Sawtelle has been filling in since the death of Phyllis Schwartz and her commitment will be ending Dec. 31, 2011.

Anyone wishing to volunteer for this post, please call either Daria 858.997.5636 or Ellen Farber 207.646.8666 to offer your services.

Anna Kristina Sawtelle,  
WCI Liaison